

**MISSOURI COLLEGE HEALTH BEHAVIOR SURVEY**  
**Reported Substance Involvement among Missouri College Students**

	2015	2014	2013	2012	2011	2010	2009	2008
<b>ALCOHOL AND DRUG USE (%)</b>								
Alcohol Use in Past Year	74.8	76.3	77.0	79.3	77.8	79.9	79.5	81.3
Alcohol Use in Past 30 Days	60.1	70.9	63.5	62.6	66.2	67.2	66.7	68.1
Binge Alcohol Use in One Sitting in Past 2 Weeks	24.7	28.3	27.2	27.9	32.8	33.8	35.7	31.2
Binge Alcohol Use in 2-Hour Period in Past 2 Weeks	23.9	26.9	25.6	26.3	31.2	31.7	33.5	29.3
Tobacco Use in Past Year	36.1	37.6	38.2	48.5	43.6	43.4	30.3	—
Cigarette Use in Past Year	16.5	17.8	20.5	18.1	18.9	19.5	15.4	14.8
Marijuana Use in Past Year	22.2	r 22.3	r 22.1	21.0	23.4	21.6	23.1	21.8
Cocaine Use in Past Year	2.7	—	2.2	—	2.4	2.3	2.9	3.4
Amphetamine Use in Past Year	3.8	—	1.9	—	3.3	2.4	2.2	2.1
Methamphetamine Use in Past Year	1.2	—	1.0	—	0.8	0.5	0.7	0.8
Inhalant Use in Past Year	1.2	—	1.1	—	1.2	0.9	0.7	0.8
Club Drug Use in Past Year	3.0	—	2.9	—	2.8	2.5	2.6	2.4
K2 (Synthetic Marijuana) Use in Past Year	1.2	—	1.9	3.2	—	—	—	—
Bath Salts Use in Past Year	0.8	—	1.1	1.0	—	—	—	—
Prescription Stimulant Use without Rx in Past Year	7.4	7.5	6.6	5.4	5.5	4.6	5.3	4.6
Prescription Pain Medication Use without Rx in Past Year	6.7	7.4	7.6	4.5	6.6	6.5	8.4	8.2
Prescription Sedative Use without Rx in Past Year	3.1	3.1	2.7	2.1	2.8	2.6	3.8	3.4
Prescription Sleep Medication Use without Rx in Past Year	1.7	4.4	2.0	1.0	1.8	2.0	2.5	2.2
<b>AMONG ALL STUDENTS, DRINKING RELATED RISKS AND CONSEQUENCES EXPERIENCED (%)</b>								
Hangover	47.9	50.3	50.8	48.6	51.4	52.4	53.0	55.1
Rode with Someone who Drove After Drinking	26.9	28.5	30.6	29.8	33.6	36.3	36.9	38.7
Blackout or Memory Loss	24.8	27.0	35.6	26.2	26.1	25.1	25.7	27.7
Driven After Consumption	21.4	23.5	25.2	25.5	27.3	30.0	30.5	31.9
Missed Class	15.4	17.4	16.9	16.5	18.3	20.4	21.5	24.3
Engaged in Risky Sexual Behavior	14.4	15.8	16.2	16.5	16.9	17.2	18.3	19.5
Forced or Coerced to Drink More than Desired	14.3	16.2	17.3	16.1	13.5	12.6	13.9	—
Hurt or Injured	9.2	11.0	11.5	11.4	11.6	11.6	11.6	12.5
Performed Poorly on Test or Assignment	9.4	11.0	10.4	10.0	11.0	12.2	12.5	14.2
Taken Advantage of Sexually	5.0	5.9	7.1	6.3	6.3	5.7	6.3	6.2
Trouble with Campus Administration	3.1	3.3	3.7	3.0	3.5	2.0	2.9	3.1
Took Advantage of Someone Sexually	1.0	2.1	2.6	2.4	2.2	2.0	2.3	—
Received Medical Attention	2.1	2.9	2.6	2.2	2.1	2.2	2.5	2.3
Arrested by Campus Police or Other Law Enforcement	1.3	2.0	2.3	1.9	1.8	2.3	2.3	2.0
Arrested for DUI or DWI	0.7	1.1	1.6	0.8	1.1	1.4	1.2	1.0
<b>AMONG PAST-YEAR DRINKERS, THOSE RESPONDING "ALWAYS" OR "USUALLY" TO USE OF THESE PROTECTIVE FACTORS (%)</b>								
Know Where One's Drink Has Been At All Times	85.4	81.1	80.9	81.2	82.1	83.4	—	—
Eat Before and/or During Alcohol Consumption	81.1	77.1	76.6	77.5	75.5	76.4	77.2	76.6
Go Home with a Friend	70.4	66.1	65.3	65.0	65.1	65.5	—	—
Use a Designated Driver	66.2	65.2	64.3	64.8	66.3	69.9	70.7	70.7
Purposefully Limit the Amount of Money Spent on Alcohol	65.8	61.7	61.4	61.2	60.3	63.8	61.0	59.5
Avoid Trying to "Keep-up" or "Out-drink" Others	62.8	60.4	60.1	58.4	59.7	59.1	—	—
Drink Slowly, Rather than Gulp or Chug	53.4	53.2	53.6	48.4	49.1	49.2	—	—
Determine Not to Exceed a Set Number of Drinks	43.4	41.8	40.6	40.9	43.0	45.0	44.4	43.7
Avoid Mixing Different Types of Alcohol	44.0	40.7	41.7	38.3	38.4	39.4	—	—
Drink Water While Drinking Alcohol	43.5	40.6	36.6	35.9	34.4	33.2	—	—
Avoid Drinking Games	31.6	28.8	31.5	33.5	32.5	37.2	34.8	36.4
Alternate Alcoholic and Non-alcoholic Drinks	36.0	33.4	31.4	30.4	30.4	30.1	29.2	28.0
Have a Friend Tell You When You Have Had Enough	31.0	29.5	28.3	29.1	29.0	32.6	34.8	36.4
Leave the Bar or Party at Predetermined Time	32.4	27.8	28.6	29.1	28.2	30.0	—	—
Stop Drinking at a Predetermined Time	29.7	26.6	27.7	26.4	26.1	26.1	—	—
Put Extra Ice in Drink	24.6	21.3	21.8	20.4	20.0	20.3	—	—

— Question not included on survey or data not available for specified year.

r Data revised from previous report.

Data are unweighted. 2015 Missouri College Health Behavior Survey respondents consist of 11,178 students at 21 Missouri colleges.

Data Source: Partners in Prevention Statewide Coalition <http://pip.missouri.edu/>