



## Division of Behavioral Health Disease Management for Individuals with Substance Use Disorders

### ***DISEASE MANAGEMENT – WILL YOUR AGENCY BE READY FOR THIS NEW OPPORTUNITY?***

---

Disease Management programs are designed to improve the health of individuals, particularly those with chronic diseases. The Division of Behavioral Health is assessing provider readiness for possible expansion of the ***Disease Management 3700 Project*** <http://dmh.mo.gov/mentalillness/provider/DM3700.htm> to target Medicaid-eligible individuals with substance use disorders and high medical costs. Qualifying physical conditions include:

- Asthma/COPD
- Diabetes
- Cardiovascular Disease – including hypertension
- Overweight (BMI>25)
- Tobacco Use (*at risk for COPD/asthma and cardiovascular disease*)

The goal is to reach out to, engage, and retain these individuals in substance abuse treatment and collaborate with other community resources to improve their overall health and reduce Medicaid costs.

### ***REQUIRED COMPONENTS FOR A DISEASE MANAGEMENT MODEL***

---

- CSTAR Certification.
- National Accreditation or application ***in process***.
- Demonstrated utilization of Medication Assisted Treatment.
- Collaboration with local primary care providers, hospital systems, and/or health homes.
- Part-time nurse.
- Demonstrated delivery of community support services ***primarily in a community setting***.
- Utilization of service codes for Individual Counseling/Co-Occurring Disorders and Trauma.
- History of successful consumer retention rates, variations in lengths of stay, and transition between levels of care.
- Commitment to devote staff resources to participate in learning collaboratives related to a disease management model.
- Technology and staff to support the utilization of web-based tools such as CyberAccess and Direct Inform.

### ***PREFERRED BUT NOT REQUIRED***

---

- Electronic Health Record.
- Experience with DMH Health Home/Disease Management 3700 project.
- Telehealth-capable.
- Experience with process improvement models (i.e., Access to Care, NIATx Process Improvement).

***UPDATES AND ADDITIONAL DETAILS ABOUT DM 3700 FOR INDIVIDUALS WITH SUBSTANCE USE DISORDERS WILL BE DISTRIBUTED TO PROVIDERS ON A REGULAR BASIS.***