

Meeting Summary

State Advisory Council (SAC) on Alcohol and Drug Abuse (ADA)

April 3, 2013

<p>Members Present: Michael Carter, Thomas J Casey, Ladell Flowers, Cheryl Gardine, Edgar “Rock” Hagens, Robin Hammond, Diana Harris, Sandra Jackson, Clif Johnson, Nancy Johnson, Kelly McKerrow, Percy Menzies, Cynthia Steuber</p> <p>Members Absent: Phillip M Britt, Dave Brown, Benjamin Bruening, John Czuba, Marilyn Gibson, Joseph Hahne, Brenda Schell, Karah Waddle, Stephanie Washington</p> <p>Division Staff: Amanda Baker, Joellyn Becker, Nora Bock, Edwin Cooper, Bianca Farr, Guyla Gardner, Kathy Huber, Debbie McBaine, Rita McElhany, Michele Merrill, LuAnn Reese, Steve Reeves, Vicki Schollmeyer, Melissa Smyser, Mark Stringer, Angie Stuckenschneider, Kate Wieberg</p> <p>ADA SAC Staff: Lisa Martin, Lisa Reynolds</p> <p>Guests: Susan Depue, Laurisa Mahlin</p>		
Call To Order	Ladell Flowers, SAC Chair, called the meeting to order at 10:00 a.m. Introductions were made. February minutes were reviewed and approved.	
Behavioral Health Division Director’s Report	<p>Mark Stringer, Director of Behavioral Health, presented the Division Report:</p> <ul style="list-style-type: none"> • There was some discussion around the wording in legislation 208.186 for persons participating in MO HealthNet programs and what the cost may be for the Department of Mental Health. • Medicaid Expansion was also discussed. Director Stringer indicated DMH believes Medicaid Expansion will be good for the DMH consumers and encouraged contact with legislators to discuss the issue. • Director Stringer also shared that if Missouri does not approve a Medicaid Expansion then the taxes that Missourians pay will go to other states that do expand Medicaid. If we 	

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	<p>expand then there will be more people with Insurance, more people who qualify for Medicaid and who can get treatment. If we preserve our other funding-general revenue, block grant funding we can do more things like housing options, provide Recovery support services, transportations services.</p> <ul style="list-style-type: none"> • Not only is the Department of Mental Health behind Medicaid expansion, the Sherriff's association and hospitals are also. The Sherriff's Association supports it because there are times that they are involved with individuals who have a mental disorder or substance issue that needs treatment but they have no place to take them or if they do they may have to drive for hours to get them services. • Hospitals receive disproportionate share hospital payments but they will ultimately be reduced by 50% in 2014. If the hospitals can no longer operate on the amount they will be receiving they would more than likely close some of their psy beds and Missouri currently only has 1170 psy beds. 	
Budget Update	<p>Vicki Schollmeyer, Director of Operations presented the budget update: FY2014 Department Operation Budget, please see link: http://dmh.mo.gov/ada/org/April32013MeetingHandouts.htm</p>	
ADA Disease Management Initiative Update	<p>Debbie McBaine, Division of Behavioral Health:</p> <ul style="list-style-type: none"> • Debbie McBaine has begun to prepare ADA providers on the steps they will need to take for the Disease Management and Health Home projects for people with serious substance abuse disorders and other chronic physical health issue. • Individuals will be found through Medicaid claims to locate them and engage them in services and provide better overall coordination of care. • Preliminary data analysis indicated 1066 were located and on an average had \$3500 of annual Medicaid claims. • Providers would have to be a CSTAR program, have a working relationship on the physical health side with primary care providers to make sure that the physical side is addressed. Nursing services would also be a requirement. • A readiness survey will be sent out in near future to the providers. This is going to be a huge shift in the providers' service array. These will be individuals who will be engaged in services for a long time and in the substance abuse world the stays are usually short term. • The providers cost will be covered for the services. 	<p>Lisa Martin will provide link to the CPS Health Care Homes information.</p>

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<p style="text-align: center;">Substance Abuse Institutional Treatment program</p>	<p>Debbie McBaine, Division of Behavioral Health:</p> <ul style="list-style-type: none"> • Ozark Correctional Substance Abuse Treatment Center in St. Louis is working with the Gateway Free and Clean program. Individuals who volunteer for the program will receive their first shot of vivitrol before leaving the institution and will then continue their treatment at the Gateway Free and Clean program. • The first volunteer for the program will be released on May 9 with a goal of 50 total volunteers. The Missouri Institute of Mental Health will follow these individuals for approximately 2 years and look at the outcomes and then hopefully expand the project. 	
<p style="text-align: center;">TANF Referrals</p>	<p>Nora Bock, Director of Treatment Services</p> <ul style="list-style-type: none"> • Any applicant or re-applicant for TANF benefits be screened for drug problems. There is one question screen that if they say yes to then they should go get a drug test. This does have their TANF benefit on the line. They can retain the benefit if they move through the process and protocol. The screen will prove if drugs have been used and they will then go for an assessment and do treatment if that is recommended. • Department of Mental Health and Department of Social Services have created Administrative Rules that support the process. An electronic System of notification and if TANF has a hit then they facilitate treatment. • In Missouri individuals can seek treatment instead of submitting to a drug test. • If individuals do not remain compliant they will lose their benefits for 3 years. Their children do not lose their benefits. 	
<p style="text-align: center;">Transitional Age Youth ACT</p>	<p>Melissa Smyser, Chief of Children’s Community Operations</p> <ul style="list-style-type: none"> • Develop Community Treatment Teams for transitional youth population which range from 16 to 25. • Cross so many different systems including Mental Health, Judicial etc. The support systems for them changes. • Teams are looking at the ACT Model and asking other states how they adapted their programs for this age range. • This is project funded and matched through Medicaid. 	

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	<ul style="list-style-type: none"> • These are very intense services. These young adults will often meet daily-they are the high cost users. They may be in and out of corrections or residential settings and may also be under the care of the children’s division. • Once an individual is referred to this team they will be assessed. Not only are they treated for mental illness they will also address substance abuse and therapist, ;peer support and family support, child psychiatrist, nurse, vocational specialist and mental health professional. They meet every day and the case load is around 30. • There is also a housing portion. • A presentation is being prepared for all of the community mental health centers on the ACT program. 	
<p>Committee Workgroup Reports</p>	<p>Prevention Workgroup Report,:</p> <ul style="list-style-type: none"> ▪ Partnership for Success <ul style="list-style-type: none"> ○ Updates-Partnership for Success grant-21 college campus and 3 counties which are Boone, butler and Jefferson. Dr. DePue is helping to identify the variables of what they want to focus on. ▪ Legislative-Drug Monitoring Program <ul style="list-style-type: none"> ○ Drug Proposal Legislation-there has not been any action since March. In Missouri there is no cross referencing for prescription. This is a problem because individuals can go to different pharmacies and fill any prescription. <p>Treatment Workgroup Report, Clif Johnson:</p> <ul style="list-style-type: none"> ▪ Updates on the Affordable Health Care Act and how it affects ADA <ul style="list-style-type: none"> ○ Working with Providers on refining the process and possibly provide more long term care. ○ Peer Specialist-working with individuals that are on probation by training them so they can work with peer group type setting. 	
<p>Reports</p>	<p>The following committee reports were presented:</p> <ul style="list-style-type: none"> ▪ Credentialing Board MARS program 401- has 38 people signed up. They have changed to board members terms from 9 years to 6 years. They are creating an online directory for 	

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	<p>clinical supervisors. MARS stands for Medicaid Assistant Recovery Specialist</p> <ul style="list-style-type: none"> ▪ MRN-Missouri Recovery Network <ul style="list-style-type: none"> ○ MRN Advocacy Day-150 Participants-A lot of media exposure from the event. ○ NCADA-sponsoring The Anonymous People film. Contact Dan Duncan or go to facebook. ○ Holding strategic meeting to plan next year goal. ○ The strike down heroine on June 22 will be held at different bowling alleys. ▪ Missouri's Youth/Adult Alliance: <ul style="list-style-type: none"> ○ Speak Hard Youth Conference was held on March 27 with massive attendance of 425. The youth were educated on advocacy efforts about issues that were important to them. In addition to Behavioral Health, MODOT and Suicide Prevention for a variety of topics it also including underage drinking prevention. Community of the Anti-Drug Coalition of America-had an advocate from Washington D.C. come and speak about how to talk with your legislatures and not to give up. ○ A round table discussion with the young adults was held to discuss what things have worked in their area. ▪ Alcohol Awareness Month <ul style="list-style-type: none"> ○ Sponsoring take a minute Monday web with different topics each Monday that can be watched. ○ MODOT-done to work against underage drinking and driving. ○ Faith Based Prevention-How church has work well to prevent underage drinking. ○ Parent Up Campaign-Parents in the Kansas City area were asked how they and what they did to prevent underage drinking. ○ SADD Program-(Students against Destructive Decisions)-will discuss what programs are available. There are currently 80 chapters in Missouri. Just one example of things that are done is, the Jefferson City Chapter made up fact sheets about how to stay safe on Prom night, make sure you have a plan, have excuses ready (I'm in sports, I have something I have to do tomorrow, etc) that would be placed with the tuxedo when they are picked up. ○ This information is available on the http://www.actmissouri.org website 	
Section	<p>Angie Stuckenschneider report:</p> <ul style="list-style-type: none"> • Take-Back Day-The Drug Enforcement Administration (DEA), along with prevention 	

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Updates	<p>agencies and coalitions across the state, is hosting a National Prescription Drug Take-Back Day on April 27th from 10:00 a.m. to 2:00 p.m. For a list of participating collection sites, please visit www.actmissouri.org</p> <ul style="list-style-type: none"> • MHFA-Mental Health First Aid had six planned training sessions for adults serving youth. The first has been completed. Three more trainings have been scheduled. The dates and locations are Jefferson City, May 13-17; Kansas City, June 24-28; Joplin, July 29-Aug 3. To become a YMHFA instructor visit www.mhfamissouri.org. • Mental Health Champions' Banquet is scheduled for May 21, 2013 at the Capitol Plaza Hotel in Jefferson City. Registration is available through April 21 and may be accessed at http://missourimhf.org/event-reservation.php. • Meeting of the Minds-Hosting a Conference, April 4-6, Kansas City Airport Marriott Hotel. The three-day event brings experts in college health and campus safety who share effective strategies, model programs and best practices for colleges and communities. More information can be obtained at http://mom.missouri.edu <p>Rosie Anderson-Harper report:</p> <ul style="list-style-type: none"> • Shared a handout on Missouri Accomplishments. • She also shared that a Program Specialist II has been hired-Stacey Langendoerfer-responsible for Consumer Operated Service Programs, Peer Specialist Activities, Drug Court and Mental Health Court Liaison. • Rosie suggested that the structure of the meeting. If Section updates are given in writing then they would not take up the time to give them verbally. The members could receive them before the next SAC meeting and then they could put the items in question or for more information on the agenda. 	
Old Business and New Business	<p>Elections will be held in June.</p> <p>Lisa Martin updated that the Executive Committee has been going over the 14 applications that have been received.</p>	
Adjourn	<p>Meeting adjourned at 3:00 p.m. The next meeting will be held on Wednesday, June 5, 2013 at 10:00 a.m. at the Missouri Department of Mental Health, 1706 E. Elm Street, Jefferson City, Missouri.</p>	