

MEETING SUMMARY
MISSOURI ADVISORY COUNCIL ON ALCOHOL AND DRUG ABUSE
June 2, 2010

<p>Members Present: Robin Hammond, Diana Harris, Mike Carter, Michael Dean, Stephen Doherty, Gary Lorts, Cheryl Gardine, Marilyn Gibson, John Harper, Sandra Hentges, Clif Johnson, Sylvia Persky, Ladell Flowers, Keith Spare, Theresa Eschmann, Percy Menzies, Sandra Jackson</p> <p>Members Absent: Dave Brown, Cynthia Steuber, Phillip Britt</p> <p>Division Staff: Debbie McBaine, Bianca Arrington-Madison, Amanda Baker, Rhonda Turner, Joe Davidson, Bridget Smith, Jodi Haupt, Mark Rembecki, Kathleen Mims, Steve Deets, Joellyn Becker, Lynn Slawson, Guyla Gardner, Christie Oliver, Jennifer Pettit</p> <p>Guests: Rebecca Carson, Chuck Daugherty, Brenda Schell</p>	
Call To Order	<p>Robin Hammond, SAC Chair, called the meeting to order at 10:02 A.M. Minutes from the April 7th meeting were reviewed and passed with the following changes: the bullet point in the Prevention report regarding Better Family Life funding was re-worded and the SAC Membership Update was amended to reflect Debbie Mizer's resignation. The approved minutes will be posted to the website.</p> <p>SAC terms of service have been extended for Robin Hammond, Diana Harris, Marilyn Gibson, Stephen Doherty, Clif Johnson, John Harper and Keith Spare.</p> <p>By general consensus Robin Hammond and Diana Harris were approved to continue to serve as Chairperson and Co-Chair respectively for the upcoming year.</p>
ADA Division Director's Report	<p>Debbie McBaine, Deputy Director of the Division of Alcohol and Drug Abuse (ADA) presented the ADA Division Report.</p> <ul style="list-style-type: none"> • Department has been working towards increasing federal reimbursement from Medicaid revenue maximization projects. The following proposals have been submitted to MO HealthNet: <ul style="list-style-type: none"> ○ Modified Medical Detox reimbursed at \$309 a day (based on cost analysis). ○ Breaking Individual Counseling and Group Counseling out of Day Treatment. ○ Unbundle Group Counseling services from Level 1 Day Treatment (would result in rate increase to current Medicaid rate for group therapy). • Conversion of PR + (non Medicaid adult) programs to CSTAR Medicaid model programs continues. • Regional trainings have been held to help providers determine Medicaid eligibility for their clients, teaching them how to complete the applications and the necessity of pursuing Medicaid coverage even after rejection. Charles Bentley, previously employed at Mo HealthNet and now working with us at DMH, conducted the well-attended trainings.
Budget Update	<p>Presented by Debbie McBaine on behalf of Laurie Epple</p> <ul style="list-style-type: none"> • Core reductions in ADA budget for FY 11 include: <ul style="list-style-type: none"> ○ One (1) ADA staff lay off ○ Two (2) full time employee position vacancies not being filled. ○ Loss of 20% of SATOP E & E (Expense and Equipment funds) ○ 33% reduction was taken in ADA Administration E & E budget, which has reduced travel including site visits for Certifications surveys. In cases involving agencies with good billing track records billing reviews have been deferred. ○ Total of \$3.4 million reductions in non-Medicaid community programs. Allocations to all service providers equal a 6.2 reduction across the board. Laurie Epple sent all allocation reduction notices to providers last Friday. If providers have multiple contracts there is some flexibility that will allow them to shift the reductions from one service to another. ○ \$250,000 reduction was made to the Compulsive Gambling fund. • Another reduction on the PR + side will result from ATR II funds being depleted by June (\$2 million). Recovery Support Services funding will likely be depleted late July. We anticipate ATR III awards will be announced sometime in July. If chosen there would be a 3-5 months start up period. This award would be somewhat smaller than the existing grant and utilizes a different allocation process for funding.

Agenda	Discussion/Recommendation
<p style="text-align: center;">Office of Transformation</p>	<p>Mayme Miller, Transformation Chair, presented their update.</p> <ul style="list-style-type: none"> • Workgroup to discuss potential merger of CPS and SAC met once via a productive conference call. This group, comprised of three members each from ADA and CPS SAC councils, will likely meet soon in person. • Mental Health First Aid (MHFA) trainings continue. In addition to the original partnership with St. Louis Community College, partnerships are being formed with agencies such as the Episcopal Diocese of Missouri, Greater St. Louis Girl Scouts and Unity School of Theology in Lee’s Summit. Interest has been shown in the trainings by staff of Missouri Legislature and Constituent Services staff in the Governor’s office. Pilot immersion projects are starting up in Moberly and Boone County. An Instructors Certification class is scheduled for July 12-16 in Jefferson City. Application for this training is available on the Transformation website, or by contacting Mayme. Dottie Mullikin is now working from the Springfield office. St. Louis Community College presented to the Mental Health Commission on how MHFA has been incorporated into their curriculum. MHFA classes in Jefferson City this summer have been filled, but additional classes are being offered in other locations. Mayme can put interested parties in touch with staff regarding attending these trainings. • Healthy Ideas, Jim Cook’s project focusing on the elderly facing depression, has 6 implementing agencies. Four (4) are area agencies on aging, one is a community mental health center and the other is a county mil tax board. Four of the six are on the verge of program implementation. They are Clay County Senior Services, Care Connections, Southwest Missouri Office on Aging and Burrell Community Health Center. National Healthy Idea trainers will be brought in during May and June with implementation to follow in a week or two. The Central Missouri Agency on Aging and Mid East Agency on Aging will undergo training in July and August. For more information please contact Jim Cook or Mayme. • The Communities of Hope initiative is helmed by Valerie Howard. Eight agencies serve as mental health transformation support centers. This project helps agencies currently providing alcohol and drug services to additionally provide some mental health services. Valerie also works on the Tobacco Initiative; Mayme will provide this smoking cessation information after the meeting. • A Transformation Workgroup meeting is coming up that will include a healthcare reform discussion as well as a presentation from Stephanie Winslow on the Cultural Disparity workgroup. The Housing workgroup will report at a future meeting as they continue to disseminate information and programs.
<p style="text-align: center;">Section Updates</p>	<p>Rhonda Turner presented the Clinical Services update:</p> <ul style="list-style-type: none"> • The focus has been on Certification and CSTAR conversion. Staff are trying to come up with innovative methods of doing certification so more can be done in Central Office which will conserve funds. <p>Amanda Baker presented the Prevention update:</p> <ul style="list-style-type: none"> • ADA applied for the contract with the US Food and Drug Administration to assist with enforcement of the provisions of the Family Smoking Prevention & Tobacco Control Act of 2009. If we get the award we will subcontract with the Division of Alcohol & Tobacco Control to conduct statewide retailer compliance checks. ATC has the statutory authority to enforce the tobacco laws. The grant would cover 3 full time Special Agents. • June 12th is Take Back Day, initiated by Act Missouri. Law enforcement will be on hand at Walgreens in 19 cities to collect pills, liquids and other medications in a safe and legal manner. Local coalitions have collaborated with other locations where there is no Walgreen store. • 2010 Mo. Student Survey was just completed with 139,086 students participating. The survey was extended through the end of April per schools’ request and a summary should be available by the end of June.

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	<ul style="list-style-type: none"> • ADA continues to conduct SYNAR inspections through the end of July. <p>Bridget Smith presented Faith-Based and Community Partnerships update:</p> <ul style="list-style-type: none"> • We are transitioning out of ATR II and hopefully into ATR III. Meetings have been held with providers to let them know what the closure of ATR II will look like. We have asked them to submit proposals to the Division of how they would collaborate with other providers to provide the longer lengths of consumer engagement that we would like to do with ATR III. Proposals are due July 15th and will be evaluated at that time. We hope that will coincide with an announcement of ATR III award. • Bridget announced her departure from the Division as she is returning to a patient care role. <p>Steve Deets, Director of Substance Abuse Traffic Offender Program (SATOP), presented the SATOP update:</p> <ul style="list-style-type: none"> • Governor signing new DWI legislation today. Steve reviewed the imminent changes in the DWI laws. • SATOP fee increases will take effect July 1. The increases will allow the creation of a Serious Repeat Offender Program statewide. Decreases in SATOP E & E will not affect SATOP treatment programs. • Steve recently spoke at the Municipal & Associate Circuit Judges Association Conference and detailed changes in the law and program expansion.
<p>Closure of state-operated Psychiatric ERs and Acute Inpatient Units</p>	<p>Rebecca (Becki) Carson, RN, MSN, CPS Facility Operations presented an overview of what to expect from upcoming changes to state funded psychiatric care and services. The downsizing and re-organization is fairly complex. Becki provided a timeline for closures, but while the changes will happen the projected dates are subject to change. (Becki’s Powerpoint was previously sent to SAC members).</p> <ul style="list-style-type: none"> • The two remaining Psychiatric Emergency Rooms (located in St. Louis and Farmington) will close by September 2010. Will close three acute short-term stay facilities in Farmington but will convert those to long-term stay units. • April 2011- the two acute care short-term stay units in St. Louis will close. They will be converted to competency restoration units. These changes are a direct result of budget cuts. Another reason for closing state operated acute care services is the IMD rule. The Federal IMD rule prevents any facility that is 16 beds or larger and for which 50% or greater of their patient load is mentally ill from receiving Medicaid funds. Since community hospitals typically have a diverse population they are not affected by this rule. By vacating the acute and short-term beds, long term stay Fulton State Hospital consumers can be moved from an old outdated building into more modern facilities throughout the state. CPS has been working with Local Law Enforcement, Public Administrators and other entities to try to share information and problem solve. Everyone realizes problems will result from these closures but it is fiscally necessary to proceed with them. • Department of Mental Health is mandated by the Legislature to house and treat sexual predators (SORTS- Sexual Offender Treatment/Rehab Services) once they complete criminal sentences. This unit is currently located in Southeast Missouri and expands yearly. The southeast campus will soon reach capacity. To avoid building a costly new facility, DMH will begin expanding SORTS services by adding units to the Fulton campus as early as November 2010 in a cost-saving move. • Work is ongoing to transition consumers from facilities to community settings where possible. We have found that “one size will not fit all”; each community and region will have individual solutions. We have asked Governor and Legislature for use of funds realized from the closure of units to assist communities. These are one time only funds but may be a help in modifying existing buildings to make them useable.

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	<ul style="list-style-type: none"> • Becki concluded the presentation with the names of the individuals in each region who are heading up the downsizing efforts.
MSAPCB Report	<p>Stephen Doherty, President, Missouri Substance Abuse Professional Credentialing Board (MSAPCB), presented the Board report:</p> <ul style="list-style-type: none"> • The MSAPCB last met on May 13, 2010. Topics covered included: <ul style="list-style-type: none"> ○ The Board assigned a committee to look at ways to reduce fees to professionals; will vote on committee recommendations in July ○ Board continues to work on the idea of a Medication Assisted Treatment Specialist endorsement. Preliminary standards will be presented to the Board in July ○ Board has reinstated a credential for SATOP called SQI (SATOP Qualified Instructor). ○ Credential Name Changes (new certificates will be sent in July)- changes are due to IC & RC policy changes <ul style="list-style-type: none"> ▪ CSAC I to CADC (Certified Alcohol Drug Counselor) ▪ CSAC II to CRADC (Certified Reciprocal Alcohol Drug Counselor) ▪ CASAC to CRAADC (Certified Reciprocal Advanced Alcohol Drug Counselor) ▪ CSAPP to CRPS (Certified Reciprocal Prevention Specialist) ○ Added Family Study degrees as applicable degrees
MRN Report	<p>Brenda Schell presented the Missouri Recovery Network (MRN) report:</p> <ul style="list-style-type: none"> • MRN is co-sponsoring the Science of Addiction and Recovery- Train the Trainer along with FAVOR, June 5th in St. Louis. • MRN has been promoting the A & E Missouri Delegate Program and will review applications for final selection by A & E. This is a great opportunity to celebrate recovery on a national level. • MRN set aside funds for 60 scholarships to attend the 2010 DMH Consumer Conference. About 30 remain; there is a June 21 deadline. The application is on the MRN website. • MRN is providing Recovery Language training throughout the state. MRN council members will be trained June 18th and then will be able to provide this training for their local areas of the state. • September is Recovery Month. Two inaugural events are planned: 1st Capitol City Recovery Fest from 2-4 PM on September 12 at McClung Park. On September 18 in Kansas City the Mike Johnson Memorial Walk for Recovery (co-sponsored by National ATTC, MRN, FAVOR and First Call). The website for this event is www.mikejohnsonrecoverywalk.com. Other recovery events include the Southeast Recovery Fest at Lake Wappapella on September 18th and on the same date Hands Across the Bridge at the St. Louis Arch. Everyone is encouraged to attend one of these events or plan one of their own in September. • MRN Council will have a strategic planning session June 17 & 18. If anyone has ideas for MRN to pursue this year please contact Brenda. • MRN would like to compliment ADA, Mark Stringer, Mark Shields and ATR staff in forming a recovery oriented system of care approach with ATR III. Collaborative efforts to cover the 5 domains Mark often speaks of (employment, stable housing, social

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	connectiveness, continued sobriety and non-criminal activity/behavior) are present in the ATR III grant approach.
ADA/CPS Reorganization Committee & DMH Consumer Conference	Gary Lorts presented on behalf of this recently formed committee: <ul style="list-style-type: none"> • The first joint meeting on the ADA/CPS proposed merger was on April 9th with Gary, Clif and Sylvia all participating on behalf of ADA. Some issues were brought up that would be pertinent with a merger and they look forward to meeting again. • DMH Consumer Conference will be held August 22-24 “2010 Real Voices Real Choices”. Leigh Gibson in Consumer Safety has brochures for those who have not received one. June 30 is the deadline for registration. The conference will be held at Tan Tar A at Lake of the Ozarks. They are trying to get some outside grants for expenses as well as for scholarships. Please spread the word to help make this year’s conference a success.
Membership Update	Bianca Arrington-Madison presented the SAC membership update: <ul style="list-style-type: none"> • SAC Currently has 21 members. There are several consumer openings: <ul style="list-style-type: none"> ○ 1 At Large ○ 3 Northwest ○ 2 Southeast ○ 2 Southwest ○ 2 Eastern
Adjourn	The SAC meeting adjourned at approximately 12:04pm. Next meeting is Wednesday, August 4, 2010, Department of Mental Health, Jefferson City in Conference Room B.