

Missouri Division of Alcohol and Drug Abuse

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| Bulletin Number: FY10–Clinical-17 | CLINICAL SERVICES BULLETIN | Effective Date: December 1, 2009 |
| <i>Revision – Supersedes Clinical Bulletins 002 and 004</i> | Subject: Individual Co-Occurring Counseling | Number of Pages: 2 |

1. Programs Affected

- 1.1 Comprehensive Substance Treatment and Rehabilitation (CSTAR) programs: Adolescent, Women and Children, Women and Children Enhanced, General Population, General Population Enhanced, and Opioid. Primary Recovery Plus (PR+) programs: PR+ and Enhanced PR+. Serious and Repeat Offender Program (SROP).

2. Individual Co-Occurring Disorder Counseling

- 2.1 Individual Co-Occurring Disorder Counseling shall be provided in accordance with the Center for Substance Abuse Treatment’s (CSAT) publication, Substance Abuse Treatment for Persons with Co-Occurring Disorders (TIP 42). Additional Department specified protocols may be added later with provider collaboration.
- 2.2 Individual Co-Occurring Disorder Counseling should be delivered within a substance abuse treatment program with a development plan toward increasing fidelity over time to the evidence and consensus based practices described in TIP 42 or other CSAT approved practice for this population.
- 2.3 Individual Co-Occurring Disorder Counseling must be provided in accordance with the client’s treatment plan and must address issues related to substance abuse and the co-occurring mental disorder which interfere with the client’s functioning. Clinical documentation of this service in progress notes within the client record must clearly distinguish this service from Individual Substance Abuse Counseling.

3. Staff Qualifications Required for Service Reimbursement

- 3.1 Professionals qualified to provide the co-occurring disorders individual counseling services are as follows:
- 3.1.1 A person licensed by the Missouri Division of Professional Registration as a mental health professional who is practicing within their current competence. Qualifying credentials include Physician, Psychologist, Licensed Professional Counselor (LPC), Licensed Marriage and Family Counselor (LMFT) or Licensed Clinical Social Worker (LCSW). Full licensure as a mental health practitioner with current competence and expertise in co-occurring substance abuse and mental health disorders is required; therefore, services provided by a provisionally licensed clinician do not qualify for reimbursement.
- 3.1.2 A person certified by the Missouri Substance Abuse Professional Credentialing Board (MSAPCB) as a professional working in co-occurring disorders who is practicing within their current competence. Qualifying credentials include Co-Occurring Disorders Professional and Co-Occurring Disorders Professional – Diplomat.

- 3.2 The person providing this service must also be a Qualified Substance Abuse Professional as defined in Core Rules for Psychiatric and Substance Abuse Programs, 9 CSR 10-7.140 (RR) in addition to the requirement in section 3.1. The credentials issued by the MSAPCB fulfill this requirement.
- 3.3 The certification standard, 9 CSR 10-7.140(QQ), within Core Rules for Psychiatric and Substance Abuse Programs does not apply to this service. Status as a “Qualified Mental Health Professional” is not required under this rule. Required qualifications are those stated in section 3.1, 3.2, and 3.3.

4. Service Limits

- 4.1 This service shall not be used for the treatment of individuals whose psychiatric conditions meet criteria for admission to Community Psychiatric Rehabilitation Programs (CPRP). Please refer to 9 CSR 30-4.042, Admission Criteria, for a description of who should be referred. The contractor shall refer those persons meeting the CPRC criteria to a local community mental health center that is providing CPRP services.
- 4.2 Service providers are required to use existing allocations to fund these services and service package dollar limits are unchanged. This will necessitate that providers, working within current allocations and service limits, provide a different blend of services from the available menu as appropriate for persons with co-occurring mental health and substance abuse disorders.