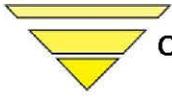


DIVISION OF
DEVELOPMENTAL
DISABILITIES



OFFICE OF AUTISM SERVICES

Southeast Missouri Autism Project Directory of Services Fiscal Year 2017



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Assessment

Service Description

Specialized Autism Assessments are conducted for individuals who have already been evaluated, have received an ASD diagnosis, and are referred to regional Autism Project providers by DD Regional Offices. A Specialized Autism Assessment report is produced as a result of this assessment process. A Specialized Autism Assessment:

- Helps the provider identify and understand the unique capabilities, strengths, and needs of each individual; this information is the basis for intervention planning;
- Helps the provider develop recommendations for specialized autism services that meet each individual's unique needs;
- Is used to further develop and modify Individual Support Plans;
- Includes observation of the individual in relevant environments and face-to-face interviews with the individual, parents, and/or other caregivers; and
- Establishes a baseline of skills that can be used to measure progress over time.

This service may cover an **Assessment for Intervention Planning** as described in Chapter 4 of Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment. An Assessment for Intervention Planning requires collaboration with family members and other appropriate professionals as indicated to identify and prioritize appropriate interventions to be addressed based on family concerns, functioning, and access to resources as well as clinical factors, intervention history, and prior assessment results.

Provider Requirements

Staff providing this service should have knowledge of Missouri Best Practice Guidelines and specialized autism services in the region, bachelor's degree with a minimum of 1 year of direct experience in providing related services for persons with autism (experience must have been obtained within the last 5 years), and autism assessment training so that the assessment provided is within the scope of the staff's training and experience (ADOS and/or behavioral analytic assessment, VB-MAPP, ABLLS, etc.). In addition to the above requirements, staff providing an **Assessment for Intervention Planning** under this service should meet requirements for training, licensing, and experience as detailed in Chapter 4 of Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Autism Assessment: 19F001

Unit of Service: 1 Assessment

Maximum units of Service: 1 unit per year

Service Documentation

Service provider shall maintain service documentation including results of assessment (including observations and baseline of skills that can be used to measure progress over time), notes concerning intervention planning, referral and recommendations for specialized autism services. The provider shall submit a report to the Support Coordinator at the conclusion of the assessment that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Name of Provider Agency;
- Name, title, credentials of all team member(s) involved in the assessment;
- Description of instruments and/or methods used for assessment (e.g., VB-MAPP or ABLLS-R, ADOS, FBA, CELF-Pre, CELF-5, PLAI-2, language sample, observation and interview details, etc.); and

- Results of the assessment, recommendations for intervention planning, specialized autism services, and referrals for further assessment (results and outcomes should be incorporated into ISP).

Provider Information Table

Provider	Required	Age	Frequency	Location
Easter Seals Midwest	Yes	All	Initial & as needed	Home, Community, Site
SEMO University Autism Ctr.	Yes	All	As needed	Home, Community, Site

Autism Training

Service Description

This service provides Specialized Autism Training to staff, providers, educators, and others who provide natural supports to individuals with Autism Spectrum Disorder (ASD) and their families. This service may include:

- Teaching participants about ASD and effective strategies for interacting with individuals with ASD, and
- Teaching specific strategies that have been individualized to support the needs of the individual with ASD and the family.

Provider Requirements

At a minimum, staff providing this service will have specialized training for ASD and a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience, staff will have at least 100-240 hours of competency-based Autism Training consistent with contemporary and emerging best practices and additional training classes of 20+ hours initially and annual recertification courses as may be required.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Autism Training Individual: 942A0H

Autism Training Group: 943A0H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number; and
- Date of each session with a complete description of:
 - The topic of instruction, individual goals (incorporated into ISP), and group goals (if 943A0H group);
 - Summary of participation and progress towards individualized goal(s) in the ISP & provider’s plan; and
 - Location, and name, title and signature of the staff facilitating the session.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Easter	No	19F001	All	Individualized		Individual, Group	Site, Community
SEMO UAC	Yes	None	All	Individualized		Individual, Group	Site, Home, Community

Applied Behavior Analysis (ABA)

Service Description

Behavior Analysis Services, provided by Board Certified Behavior Analysts (BCBAs), Assistant Behavior Analysts (BCaBAs), and Registered Behavior Technicians (RBTs) are designed to help individuals who are exhibiting significant deficits in behavior acquire functional skills in their homes and communities and/or to prevent hospitalizations or out-of-home placements. *A large body of research has shown the successful use of ABA-based procedures to reduce challenging behavior and increase appropriate skills for individuals with intellectual disabilities, autism and related disorders.*

ABA Services may include

- **ABA Consultation & Intervention**
- **Registered Behavior Technician**

ABA Consultation & Intervention

Service Description

ABA Consultation & Intervention may be available when there are significant or complex challenges that require advanced expertise and problem solving to respond to the needs of an individual with ASD. ABA Consultation & Intervention may include but is not limited to functional behavior assessment, recommendations for environmental modification, implementation of behavioral strategies and/or plans, and referrals for assistive technology or other services.

Provider Requirements

ABA Consultation & Intervention is provided by a BACB certified and MO licensed BCBA, BCBA-D, or BCaBA supervised by BCBA or BCBA-D.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Service Documentation

Service Documentation should follow the licensure, registration, and professional standards required by the Behavior Analyst Certification Board at <http://www.bacb.com/>. Intervention goals should be incorporated into ISP. Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Date, purpose, and complete description of service (FBA, consultation, or intervention and progress); and
- Location; and name, title, and signature of the facilitating staff.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Authorization & Utilization Information

ABA Consultation & Intervention: 491611

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Easter	No	19F001	All	Short term episodic	Individualized	Site, Home, Community
SEMO	No	19F001	All	Individualized	Individualized	Site, Home, Community

Registered Behavior Technician

Service Description

The RBT (Registered Behavior Technician) is a paraprofessional who practices under the close, ongoing supervision of a BCBA or BCaBA, (hereafter referred to as “Supervisor”). The RBT is primarily responsible for the direct implementation of skill-acquisition and behavior-reduction plans developed by the Supervisor. The RBT may also collect data and conduct certain types of assessments (e.g., stimulus preference assessments). The RBT does not design intervention or assessment plans. It is the responsibility of the Supervisor to determine which tasks an RBT may perform as a function of his or her training, experience, and competence. The Supervisor is ultimately responsible for the work performed by the RBT.

Provider Requirements

Technicians who provide direct implementation of ABA services under the supervision of a licensed provider must be credentialed by the Behavior Analyst Certification Board as a Registered Behavior Technician TM (RBT). The supervisory relationship must be documented in writing, and the licensed supervisor is responsible for the work performed by the RBT.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Service Documentation

Service Documentation should follow the licensure, registration, and professional standards required by the Behavior Analyst Certification Board at <http://www.bacb.com/>. Intervention goals should be incorporated into ISP. Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number;
- Date and complete description of service (goals, intervention and progress); and
- Location; and name, title, and signature of the facilitating and supervising staff.

Service documentation will be submitted on a monthly basis to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Authorization & Utilization Information

Registered Behavior Technician: 491640

Unit of Service: 15 minutes

Units to Request: 1,200 units per year

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Easter	No	19F001	All	Short term episodic	Individualized	Site, Home, Community
SEMO	No	19F001, 491611	All	Individualized	Individualized	Site, Home, Community

Community Inclusion

Service Description

Community Inclusion, available to individuals with Autism Spectrum Disorder (ASD) of all ages, is designed to empower individuals to access community services, resources, activities, and programs and to provide them with opportunities to integrate within the community. Parent and staff involvement may be necessary for increased effectiveness of the program.

Community Inclusion:

- Helps individuals build social networks,
- Helps individuals develop appropriate behavior for successful integration within the community, and
- Addresses specific needs and challenges to promote individuals' successful integration within the community.

Provider Requirements

Staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience, staff will have at least 40-140 hours of competency based Autism Training consistent with contemporary and emerging best practice and an additional 20+ hours annually of autism training consistent with contemporary and emerging best practices.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Community Inclusion Individual: 52A00H

Community Inclusion Group: 53A00H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Community Inclusion objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting
Easter	No	19F001	All	Individualized	Individualized	Individual, Group
SEMO	No	19F001	All	Individualized	Individualized	Individual

Counseling-Cognitive Behavior Therapy (CBT)

Service Description

Cognitive behavioral interventions (CBIs) are designed to change negative or unrealistic thought patterns and behaviors with the aim of positively influencing emotions and life functioning. CBIs are comprised of multiple interventions that are uniquely crafted for each individual and his/her needs. Cognitive behavior techniques are known to work best with individuals who are verbal and have higher intelligence. The intervention process focuses on informing individuals about their emotional issues, assisting them in recognizing bodily responses, and organizing alternative responses to negative thoughts and feelings. The intervention process involves teaching problem solving typically in a group format. Modeling pro-social behavior, offering opportunities for role-playing

and rehearsing positive responses to typical situations with peers are part of the treatment. This description was taken from Autism Spectrum Disorders: Guide to Evidence-based Interventions at <http://autismguidelines.dmh.mo.gov/documents/Interventions.pdf>

Provider Requirements

Psychotherapy is provided by a licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

CBT Individual: 19400H

CBT Group: 19500H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with counseling objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	19F001	All	3-18 months	As needed	Group, Individual	Site

Counseling-CBT-Dialectical Behavior Therapy

Service Description

Dialectical Behavior Therapy (DBT), a curriculum based service that has been modified for individuals with ASD and facilitated by a licensed clinician, is a form of psychotherapy that combines standard **cognitive-behavioral techniques** with the goal of participants learning skills including distress tolerance, interpersonal effectiveness, emotional regulation, and mindfulness.

Provider Requirements

DBT is provided by a licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training in DBT; is part of the Provider’s DBT (Dialectical Behavior Therapy) supervision group; has training related to ASD that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

CBT Individual: 19400H

CBT Group: 19500H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with counseling objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Age	Duration	Frequency & Setting of Sessions	Location
SEMO UAC	No	12+	9-24 mths	2 hr group 1 X wk & 1 hr individual 1 X wk	Home, Community, Site
Prerequisites: 19F001 and self-injury or severe emotional dysregulation					

Counseling-Psychotherapy

Service Description

Services include counseling sessions aimed at reducing anxiety and addressing mental health, behavioral, social, familial, or other related issues with individuals with an Autism Spectrum Disorder (ASD). These services, which are provided by licensed mental health care professionals, include:

- Initial assessment of factors contributing to mental health conditions and need for therapy,
- Comprehensive treatment planning, and
- Direct implementation of therapy.

Provider Requirements

Psychotherapy is provided by a licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

CBT Individual: 35C00H

CBT Group: 36C00H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with counseling objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	19F001	All	Individualized		Individual, Group	Community, Site

Pre-employment Services-ILS

Service Description

Key components of Pre-employment Services, provided by an employee consultant, include:

- **Employment Access Training**—an individualized pre-employment skill-building service designed to support individuals and promote independence.
- **Soft Skills Training**—a pre-employment service that focuses on training “soft skills” which are crucial for workplace productivity. Soft skills are the non-technical skills and abilities required to function in a specific employment environment such as: delivering information or services to customers and co-workers; working effectively as a member of a team; and understanding and adapting to the cultural norms of the workplace.

Provider Requirements

At a minimum staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Or, in lieu of experience staff will have at least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Pre-employment ILS Individual: 580300

Pre-employment ILS Group: 580500

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with pre-employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Easter Seals	No	19F001	14+	Typically 2-4 hr sessions	1-3 times per wk	Individual, Group	Community, Site
SEMO UAC	No	None	16+	Individualized	Individualized	Individual	Community, Site

Employment: Career Planning

Service Definition

The goal of Career Planning is a documented career objective and a career plan describing the steps and activities necessary to meet that objective. Career planning:

- Is a focused, time limited service engaging an individual in self-discovery.
- Can be used for individuals who are exploring employment, whether currently employed or not.

- When conducted with someone already employed, assists in the exploration of other competitive career objectives more consistent with the person’s skills and interests.
- Is focused on the attainment of integrated, competitive employment at or above the state’s minimum wage.
- Incorporates activities to help the individual evaluate interests, opportunities in the community, and to identify the employment skills and challenges they face through:
 - Job exploration,
 - Job shadowing,
 - Informational interviewing,
 - Assessment of interests,
 - Labor market research, and
 - Informal or formal assessment and consultation.
- To the maximum extent possible, takes place in the community with the individual both present and engaged.
- Is able to evaluate and communicate not only with the individual but also with caregivers, support team members, employers and others.
- May include social security benefits support, training, consultation and planning.
- Can be used in conjunction with:
 - Supported employment,
 - Pre-vocational training,
 - Residential; and/or
 - Day habilitation services.

Provider Requirements

See Career Planning (T2019) in the [Home & Community Based Waiver](#) manual

Service Limitations

- Career Planning may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.
- The ISP must document why Vocational Rehabilitation or other services could not be accessed.
- Transportation costs for Career Planning services are included in the unit rate, but costs for transporting to and from the residence are not included.
- Career Planning is intended to be time-limited.
- Services should be authorized based upon individualized assessed need not to exceed 240 quarter hour units of services within an annual support plan.

Authorization & Utilization Information

Career Planning Individual: 58050H

Unit of Service: 15 minutes

Maximum Units: 240 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Blue Sky Community Services	No	None	18+	90 day	varies	Individual	Site & Community

Employment: Prevocational Services

Service Definition

The goal of Prevocational Services is to develop the individual's general, non-job-task-specific skills necessary to succeed in paid employment, including (but not limited to):

- Ability to communicate effectively with future supervisors, co-workers and customers;
- Generally accepted community workplace conduct and dress;
- Ability to follow directions;
- Ability to attend to tasks;
- Potential workplace problem solving skills and strategies; and
- Potential general workplace safety and mobility training.

Prevocational Services:

- Are expected to describe the specific and measurable outcomes to occur over a defined period of time;
- Can be provided through one-to-one learning and group experiences;
- Are focused on attainment of integrated, competitive employment at or above the state's minimum wage consistent with the individual's interests, strengths, priorities, abilities, and capabilities;
- Are not a required pre-requisite for supported employment;
- Should only be authorized when an individual is otherwise unable to directly enter the general workforce as a result of an underdeveloped or undeveloped general, non-job-task-specific skill(s); and
- Must be provided in a community workplace setting or at a licensed, certified or accredited facility of a qualified employment service provider.

Provider Requirements

See Prevocational Services (H2025) in the [Home & Community Based Waiver](#) manual

Service Limitations

- Prevocational Services may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.
- Prevocational services can be provided in small groups not exceeding four (4) individuals at a time. Use of group must be meeting a documented need that can't be met in an individualized setting,
- A person receiving prevocational services may pursue employment opportunities at any time to enter the general work force.
- Personal assistance may be a component of prevocational services, but may not comprise the entirety of the service.
- Transportation costs for Prevocational Services are included in the unit rate, but costs for transporting to and from the residence are not included.
- Individuals who receive prevocational services may also receive supported employment and/or day habilitation services.
- Prevocational services may include volunteer work, such as volunteer learning and training activities that prepare a person for entry into the paid workforce. Keep in mind that the definition of "volunteer" is strictly governed by the US Dept., of Labor and that there can be serious consequences if used incorrectly.
- Units are based on need, and not to exceed 80 quarter-hour units per week. Prevocational Services must not exceed 6 months. Additional units or monthly increments beyond 6 months must be pre-authorized by the Division's Regional Director or designee.

Authorization & Utilization Information

Prevocational Services Individual: 57031J

Prevocational Services Group: 57031S

Unit of Service: 15 minutes

Maximum Units: 80 units per week not to exceed 6 months

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Blue Sky Community Services	No	None	18+	Up to 2 yrs	varies	Individual, Group	Site & Community

Employment: Job Development

Service Definition

The goal of Job Development is the acceptance by the individual of a job offer that meets the Individual's personal and career goals. Job Development may include:

- Application completion assistance with the individual,
- Job interviewing activities with the individual,
- Completion of task analysis with or without the presence of the individual, based upon individualized need, and
- Negotiation with prospective employers and education of prospective employers of their role in promoting full inclusion with or without the presence of the individual based upon individualized need.

Job Development:

- Helps the individual find and obtain the specific job goal identified in the ISP;
- Focuses on developing the greatest degree of integration, independence and autonomy for the individual (*All the help required, and no more than is necessary*);
- Promotes integration into the workplace and interaction between individuals and people without disabilities in those workplaces; and
- Is limited to seeking only potential employers who would compensate at or above the minimum wage, not less than the customary wage and level of benefits paid by the employer for the same or similar work performed by individuals without disabilities.

Provider Requirements

See Job Development (H0038) in the [Home & Community Based Waiver](#) manual

Service Limitations

- Job Development may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.
- Job Development can be used in conjunction, but not at the same time as other employment services (don't doublebill).
- Transportation costs are not included in the Job Development fee, but specialized transportation is available as a separate service if necessary.
- There is a limit of 240 quarter hour units of services within an annual support plan. Additional units may be approved by the Division's Regional Director or designee in exceptional circumstances.

Authorization & Utilization Information

Job Development Individual: 58081H
Unit of Service: 15 minutes
Maximum Units: 240 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Blue Sky Community Services	No	None	18+		Individualized	Individual	Site & Community

Employment: Supported Employment

Service Definition

The goal of Supported Employment is sustained employment in a competitive and integrated setting. Models of service delivery include individual and group support. Regardless of the model, Supported Employment:

- Is only available for support of employment in competitive, integrated settings;
- Is only available when there is a specific set of documented needs in the plan, and when it is the best option to promote integration, independence and autonomy;
- Uses on-the-job training in work and work-related skills; (i.e. job coaching) to facilitate:
 - Initial training of the essential job skills,
 - Ongoing performance of the essential functions of the job, and
 - Development of natural supports;
- Can include ongoing supervision and monitoring of the person’s performance on the job by:
 - Promoting attendance,
 - Promoting social inclusion in the workplace,
 - Promoting use of community resources and public transportation,
 - Evaluating self-maintenance strategies,
 - Evaluating work production, and
 - Evaluating the effectiveness of natural supports (i.e. fading).

Individual Supported Employment could be used to support self-employment, including ongoing assistance, counseling and guidance once the business has been launched, by:

- Helping the individual to identify potential business opportunities; and
- Assisting in the development of a business plan, including:
 - Investigating potential business financing,
 - Developing a business plan,
 - Launching a business, and
 - Identification of the supports that are necessary for the individual to operate the business.

Provider Requirements

See Supported Employment (H2023) in the [Home & Community Based Waiver](#) manual

Service Limitations

- Supported Employment may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.
- Medicaid funds may not be used to defray the expenses associated with starting up or operating a business.
- Supported Employment cannot include payment for supervision, training, support and adaptations typically available to other workers without disabilities filling similar positions in the business or otherwise covered under the Americans with Disabilities Act.
- Supported Employment can be used in conjunction, but not at the same time as employment services (don't double bill).
- Transportation costs are not included in the Supported Employment fee, but specialized transportation is available as a separate service if necessary.
- Supported Employment services must be provided in a manner that promotes integration into the workplace and interaction between individuals and people without disabilities in those workplaces while maintaining the individual's rights of dignity, privacy and respect.
- Personal Assistance may be a component of an individual's employment retention support plan for assistances with ADLs and IADLs. However, Personal Assistance may not be used in lieu of Supported Employment services as defined above.

Authorization & Utilization Information

Supported Employment Individual: 58060H

Unit of Service: 15 minutes

Maximum Units: 80 units per week not to exceed 6 months

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with employment objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Blue Sky Community Services	No	None	18+	Individualized	Varies	Individual	Community

Employment: Transportation

Service Definition

Transportation is reimbursable when necessary for an individual to access Autism Project Employment services, community services, activities and resources specified by the ISP plan. Transportation under the Autism Project shall not supplant transportation provided to providers of medical services under the state plan as required by 42 CFR 431.53, nor shall it replace emergency medical transportation as defined at 42 CFR 440.170(a) and provided under the state plan. State plan transportation in Missouri is provided to medical services covered under the state plan, but not to Autism Project services, which are not covered under the state plan. Transportation is a cost effective and necessary part of the package of community services, which prevent institutionalization.

A variety of modes of transportation may be provided, depending on the needs of the individual and availability of services. Alternatives to formal paid support will always be used whenever possible. A unit is one per month.

Provider Requirements

See the Home & Community Based Waiver manual at <http://dmh.mo.gov/dd/manuals/>

Authorization & Utilization Information

Employment Transportation: 890400

Unit of Service: 15 minutes

Maximum Units: See Home & Community Based Waiver manual at <http://dmh.mo.gov/dd/manuals/>

Service Limitations & Service Documentation

See specific employment services above for transportation limitations, and the Home & Community Based Waiver manual at <http://dmh.mo.gov/dd/manuals/>

Family Resource Services

Service Description:

Family Resource Services, provided by trained professionals, are designed to support families and their loved ones with Autism Spectrum Disorder (ASD). Providers of Family Resource Services help families obtain access to comprehensive and coordinated care and support. **Please note there is a separate definition and CIMOR Service code for Family Resource Services Phone Support.**

Family Resource Services may include but are not limited to:

- Observations within the school setting, consultations with teachers, participation in Individualized Education Program (IEP);
- Observations within other settings such as residential settings, job sites, colleges, daycare centers, and day programs, and consultations with respective community service providers;
- Other consultative and support services that families may request excluding phone support which is covered in the below described service;
- Workshops for siblings that are designed to obtain peer support and education within a safe and interactive environment facilitated by a trained professional; and
- Connections/referrals to resources and/or services and/or supports groups.

Provider Requirements:

Staff providing this service will have specialized training for ASD and a bachelor's degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Or, in lieu of experience:

- Staff will have at least 100-240 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
- This service may be provided by a licensed or provisionally licensed mental health professional if supervised by a licensed mental health professional with a minimum of 2 years of direct experience (obtained within the last 5 years).

Service Limitations:

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

Family Resource Services: 35B001
Unit of Service: 15 minutes
Unit Request: 1,200 units per year

Service Documentation:

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives in the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Easter	Yes	19F001	All	Individualized	Individualized	Individual	Home, Site, Community
SEMO	Yes	None	All	Individualized	Individualized	Individual	Home, Site, Community

Family Resource Services Phone Support

Service Description

Phone Support is provided by a trained professional after the initial assessment has occurred and a therapeutic relationship has been established. It is intended to help children and adults with Autism Spectrum Disorder (ASD) and their families. Phone support is defined as substantive in nature and is relevant to providing support to families about ASD-related issues. Phone support has practical importance, value, or effect, is substantial in amount or quantity, and is essential in meeting the needs of the families. **Phone support is not leaving a voice mail, notifying a family about an event or activity, or calling a family for the sole purpose of soliciting enrollment in services.**

Provider Requirements

Staff providing this service will have specialized training for ASD and a bachelor’s degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. In lieu of experience:

- Staff will have at least 100-240 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
- This service may be provided by a licensed or provisionally licensed mental health professional if supervised by a licensed mental health professional with a minimum of 2 years of direct experience (obtained within the last 5 years).

Service Limitations:

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information:

Family Resource Services Phone: 35B00T
Unit of Service: 15 minutes
Unit Request: 1,200 units per year

Service Documentation: Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Easter	Yes	19F001	All	Individualized	Individualized	Home, Site, Community
SEMO	Yes	None	All	Individualized	Individualized	Home, Site, Community

Music Therapy

Service Description

Specialized Autism Music therapy is a service designed to treat autism and/or other developmental disabilities through various modalities and is performed by a Certified Music Therapist. Music Therapy involves the use of music to address non-musical objectives such as: communication skills, social skills, cognitive skills, and gross/fine motor skills. Therapists use music and music activities in an interactive manner (instrument playing, singing, movement to music, etc.) to address areas of need. Individuals may be seen in one-on-one or small group sessions at the discretion of the therapist. In order for individuals to get the most out of music therapy, therapists may apply techniques families learn in parent training and may provide the family with assignments and activities to be completed in the home. Family participation may help to ensure generalization and maintenance of skills and interventions for individuals.

Provider Requirements

Service provider shall be recognized as an “MT” (Music Therapist) with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. An “MT” (Music Therapist) must possess the following:

- Four year degree in Music Therapy from an accredited university;
- Six month internship from an accredited intern site; and
- American Music Therapy Association (AMTA) certification.

In lieu of experience staff will have at least 100-140 hours of Competency based autism training Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Music Therapy Individual: 512A0H
 Music Therapy Group: 512A2H
 Unit of Service: 15 minutes
 Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Music Therapy objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Easter	No	19F001	All	Varies	Weekly or Biweekly	Individual, Group	Site, Home, Community

Parent Training

Service Description

This service shall include the provision of training and consultation with parents and caregivers of individuals with Autism Spectrum Disorder (ASD). Trainings may include but are not limited to the following:

- Understanding an Autism Spectrum Disorder (ASD) Diagnosis;
- Discerning which treatment opportunities might be best for a child and family (per Missouri Autism Guidelines Initiative <http://autismguidelines.dmh.mo.gov/> and the Interactive Autism Network (IAN) <http://www.ianproject.org/>);
- Developing behavior and communication strategies to support individuals with ASD at home and in the community, addressing challenging behavior patterns and setting up positive behavior supports, and evaluating the effectiveness of strategies and treatments;
- Understanding a child's/adolescent's sensory and motor strengths and barriers and setting up healthy activities that will be successful for a child and family (i.e. Sensory Diet);
- Understanding the role of speech, language, and auditory processing in everyday interactions and identifying what to do when a child does-not understand what he/she hears; and
- Developing strategies for social skills acquisition.

Provider Requirements

At a minimum, staff providing this service will have a bachelor's degree with a minimum of 1 year of direct experience (obtained within the last 5 years) in providing related services for persons with ASD. In lieu of experience staff will have at least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Parent Training Individual: 94200A

Parent Training Group: 94201A

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Parent Training objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
Easter	Yes	19F001	All	Individualized	Group, Individual	Site, Home, Community	
SEMO	No	None	All	Individualized	Group, Individual	Site, Home, Community	

Respite

Service Description

Respite services, which provide a break for parents and supervised, safe, and age-appropriate activities for individuals with Autism Spectrum Disorder (ASD), are provided by staff trained to support individuals with ASD.

Provider Requirements

Staff providing this service will have specialized training for ASD and a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Provider is trained in CPR /First Aid. In lieu of experience staff will have:

1. At least 40 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses, or
2. Extensive ABA training; Autism and Communication training specific to information processing, social communication deficits training, attention and executive functioning training; Crisis Intervention training; Positive Behavior Supports training; Abuse and Neglect training; will have oversight by a Coordinator with a bachelor’s degree with specialized autism training and 1 year of direct experience in providing related services for persons with autism; and for group there will be a ratio of 1 staff per two clients.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Respite Individual: 440400

Respite Group: 440500

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with Respite objectives incorporated into the ISP. A monthly progress report will be submitted to the Support Coordinator.

Provider	Required	Age	Duration	Frequency	Location
Easter Seals Midwest	No	All	Individualized	Individualized	Site, community, home
Prerequisites & Terms: 19F001 Specialized Autism Assessment. In-home respite must be arranged in advance. Parent or guardian must RSVP for prescheduled site-based and community-based group respite.					

Social Skills Groups

Service Description

The Social Skills Groups for individuals with Autism Spectrum Disorder (ASD) are designed to provide participants with opportunities to acquire valuable skills they need to successfully interact with their others. The service helps to increase individuals’ social awareness and improve their ability to make friends and develop the skills necessary to successfully integrate in a variety of social settings.

Provider Requirements

At a minimum, staff providing this service will have a high school diploma or equivalent with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years. Or, in lieu of experience staff will have at least 40-100 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Social Skills Groups: 15100H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Easter	No	19F001	All	1-2 hours	Varies by location	Site, Community
SEMO	No	19F001	All	6-24 weeks	Weekly	Site, Community

Social Skills: Curriculum Based

Service Description

Curriculum Based Social Group for individuals with ASD is highly structured with curriculum-based measurable outcomes for the group and the individual. Curriculum-based measurement encompasses an assessment methodology that can be used with individuals to develop goals, benchmarks, and objectives. In addition to monitoring the progress of individuals with ASD, Curriculum-based Social Skills services provide a process by which practitioners can examine data and make meaningful decisions about the overall effectiveness of their instruction. Curriculum-based Social Skills services provides participants with opportunities and systematic support to acquire valuable skills to successfully interact with others, to increase social awareness, to improve the ability to make friends, and to develop the skills necessary to successfully integrate in a variety of social settings. The Group Leader meets with the parent and child to assess the needs of the individual and set group goals. Staff also meets with the parent periodically (at least quarterly but more often if necessary) to report progress. Typically groups are designed based on age, grade and/or skill level.

Provider Requirements

Typically the Social Skills Group Leader is:

- A licensed or provisionally licensed mental health professional in accordance with RSMo Chapter 337 who also has additional training related to ASD that is focused on effective strategies for interacting with individuals with ASD, discerning their special needs, and developing and implementing their individualized treatment plans, or
- A Behavior Analyst Certification Board (BACB) certified and MO licensed BCBA, or a BCBA-D.

At a minimum, staff providing this service will have:

- A Bachelor's degree with a minimum of two years of direct experience (obtained within the last 5 years) in providing related services for persons with ASD;
- At least 100-140 hours of competency based Autism Training and additional training classes of 20+ hours initially and annual recertification courses; or
- Formal specific training in an Office of Autism Services approved Social Skills curriculum program that is evidence-based (for example PEERS[®]), or a social skills curriculum with credible fidelity.

Typically the Assistant Group Leader is either a Registered Behavior Therapist (RBT) or a bachelor’s level specially trained assistant.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information

Social Skills Curriculum Based: 15103H
Unit of Service: 15 minutes
Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation that includes but is not limited to:

- Enrolled individual’s name, birth date, and DD identification number;
- Date of each session with a complete description of:
 - The topic of instruction and group goal(s);
 - Summary of participation and progress towards individualized goal(s) listed in the ISP; and
 - Location, and name, title and signature of the staff facilitating the session.

Service documentation will be submitted to the Support Coordinator Individual/Parent/Guardian/Designated Representative on a monthly basis.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Location
Easter	No	19F001	Varies	1.5-3 hrs	7-14 wkly sessions	Site, Home, Community

Social Skills: Speech/Language Pathology

Service Description

Services are targeted for high-functioning individuals with ASD who present with social learning and pragmatic challenges. Services may include consultation provided to families, other caretakers, and service providers. A state licensed and certified Speech-Language Pathologist provides individual and/or group therapy to qualified individuals of any age.

Provider Requirements

This service is provided by a licensed speech language pathologist (CCC-SLP) in accordance with RSMo 1990 345.050.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

Speech Language Pathology Individual: 73001H
Speech Language Pathology Group: 73002H
Unit of Service: 15 minutes
Unit Request: 1,200 units per year

Service Documentation

Speech Therapy providers must maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP; and a written evaluation done at least annually to establish need for service. The need for this therapy must be determined in a speech/language evaluation conducted by a certified audiologist or a state certified speech therapist, prescribed in the clinician’s assessment for intervention planning (according to [Autism Spectrum Disorders: Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment](#)), or prescribed by a physician. The evaluation and/or prescription must be kept on file. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	19F001	All	Individualized		Individual, Group	Home, Site, Community

Speech Implementer

Service Description

A *Speech Implementer*, practicing under the close supervision of a licensed Speech-Language Pathologist, will:

- Treat identified clients following a treatment plan developed by the speech-language pathologist;
- Assist in directing client treatment activities;
- Assist with the preparation and administration of treatment materials;
- Do other related work as required for clients who may also present with articulation, fluency, voice, language, communication and /or related disorders; and
- Design interventions for clients at risk for the above conditions as assigned by the supervising SLP.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Provider Requirements

The Speech Implementer will provide services in accordance with the education, registration and supervision standards for a “Speech-language pathology assistant” as described in RSMo 345.015 (12) <http://www.moga.mo.gov/mostatutes/chapters/chapText345.html>

Authorization & Utilization Information

Speech Implementer: 73010H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Speech Therapy providers must maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP; and a written evaluation done at least annually to establish need for service. The need for this therapy must be determined in a speech/language evaluation conducted by a certified audiologist or a state certified speech therapist, prescribed in the clinician’s assessment for intervention planning (according to [Autism Spectrum Disorders: Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment](#)), or prescribed by a physician. The evaluation and/or prescription must be kept on file. A monthly progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	15100H, 73001H, or 51030H	All	Individualized		Individual	Home, Community, Site

Augmentative-Alternative Communication (AAC) Assessment

Service Description

The purpose of an AAC assessment is to identify the strengths and weaknesses within an individual with the intent of bridging discrepancies between their current communication (if any) and future communication needs. AAC assessment is completed under the direct supervision of a Speech Language Pathologist for which a client is referred by a physician or other healing arts practitioner (operating within their scope of practice under state law). Information gathered from AAC Assessment(s) will be used to identify a client's abilities/requirements for AAC which can then enhance Treatment Planning across settings and providers. Communication Partners (e.g., family, daycare, etc.) may also require training including using the device as a two-way means to communicate.

Research documents that skilled AAC users show communicative competence in four interrelated areas: 1) Linguistic (native language), 2) Operational (use and maintenance of the device), 3) Social and 4) Strategic (the latter two of which reflect knowledge & judgment in communication interaction).

Provider Requirements

Supervising staff providing this service shall be a Licensed Speech Therapist per RSMo 1990 345.050, or certified in accordance with provisional licensing per RSMo 1998 345.022 and supervised by a Licensed Speech Therapist.

Service Limitations

This service may not replace services provided or funded by DESE, Medicaid, or private insurance.

Authorization & Utilization Information

AAC Assessment: 15101H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including methods used for assessment, results of assessment, and notes concerning intervention, referral and recommendations. The provider shall submit a typewritten report to the Support Coordinator and Individual/Parent/Guardian/Designated Representative by the 15th of the month following the conclusion of the assessment that includes but is not limited to:

- Enrolled individual's name, birth date, and DD identification number;
- Name of Provider Agency
- Name, title, credentials of all team member(s) involved in the assessment;
- Description of instruments and methods used for assessment; and
- Results of the assessment, recommendations, and referrals for further assessment.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	Referral (see description)	All	Individualized		Individual	Home, Community, Site

Therapeutic Camps

Service Description

Therapeutic summer camps, held in various camp settings, are available to eligible individuals. Qualified and trained professionals facilitate the camps, using interventions designed to help individuals develop and practice social and executive functioning skills, integrate into the community, and generalize the use of acquired skills. Camp activities include but are not limited to crafts, games, karaoke, swimming, cooking, and music.

Provider Requirements

At a minimum, lead staff providing this service will have a bachelor's degree with a minimum of 1 year of direct experience in providing related services for persons with autism. The experience must have been obtained within the last 5 years.

Service Limitations

This service may not replace services provided or funded by DESE (VR), Medicaid, or private insurance.

Authorization & Utilization Information:

Therapeutic Camps: 51030H

Unit of Service: 15 minutes

Unit Request: 1,200 units per year

Service Documentation

Service provider shall maintain service documentation including detailed progress notes per date of service and monthly progress notes associated with objectives listed in the ISP. A progress report will be submitted to the Support Coordinator and Individual/Parent/Guardian/Designated Representative by the 15th of the month following the conclusion of the service.

Camp CONNECT

Camp CONNECT is an inclusive day camp that has traditional activities for individuals, ages 5-21 and is held in the spring/summer. Children ages 5 to 14 may enroll in one week sessions. These camp experiences include community activities and outings. Adolescents ages 14 to 21 may participate in five days of community inclusion activities. Announcements will be made for registration and enrollment in Camp CONNECT in the early spring. All activities will be supervised by a camp director, counselors, community volunteers, and practicum students.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	None	5-21	One week	Annually	Group	Community, Site

Camp SOCIAL

Camp Social is a one-week partial-day intensive treatment summer camp that is facilitated by a Speech and Language Pathologist who uses evidence-based cognitive behavioral and social cognition interventions to help individuals develop and practice social and executive functioning skills. Camp Social will be held in the Spring/Summer. Announcements will be made for registration and enrollment for Camp SOCIAL in early spring.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	None	10-16	Partial day for one wk	Annually	Group	Community, Site

Skills Training Camps

Skills Training Camp is a partial-day camp which may be held as a standalone day, or up to 4 days in succession. Skills Training Camps are designed for children, ages 3-6, consisting of group skill building sessions. Trained professionals promote an inclusionary group experience for children and provide them with opportunities to develop targeted social skills that are needed to be successful in a group setting. Announcements will be made for registration in early spring.

Provider Information Table

Provider	Required	Prerequisites	Age	Duration	Frequency	Setting	Location
SEMO	No	None	12 months - 6 years	Individualized	Multiple times yearly	Group	Community, Site