Website Resources

First 100 Days Kit and Asperger Syndrome and High Functioning Autism Tool Kit
Tool kits to assist families in getting the critical information they need in the first 100 days after a diagnosis of Autism or Asperger Syndrome.
www.autismspeaks.org (search for first 100 days kit)
888-AUTISM-2 (toll-free)

The Office of Autism Services
Helps agencies in Missouri develop programs for children and adults with autism. Provides information about services that help individuals with autism and their families.
800-207-9329 (toll-free)
http://dmh.mo.gov/dd/autism

Navigating Autism Services: A Community Guide for Missouri
Provides information about autism and helps guide families through the resources and services available to families in Missouri.
http://dmh.mo.gov/dd/manuals/index.htm
(click on "Navigating Autism Services" to download)

Interactive Autism Network (IAN)
The most recent information on topics such as current therapies and treatments, how parents can tell which therapies are working the best, and the impact of autism on the family. Parents may also participate in online research.
www.ianproject.org

Transitioning into adulthood with ASD
Resources for youth and their families on areas that must be considered as a young person becomes an adult, such as employment, education and community living.
http://thompsoncenter.missouri.edu
(search for transition)

Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment
Informs parents about best practice guidelines for ASD screening, diagnosis and assessment.
www.autismguidelines.dmh.mo.gov
(click on the "for families" tab)

Updated 07/27/2012

Help for You and Your Child with

Autism

Southeast Missouri Autism Resource Brochure

The Rapid Response Initiative is a cooperative effort among state and local agencies to improve access to care for individuals with Autism Spectrum Disorders and their families.

For updated autism resources visit:
http://dmh.mo.gov/dd/manuals/index.htm

Where Do I Start?

The agencies below can help you find services in your area:

DMH - Division of Developmental Disabilities (all ages)
Is the place to start for services offered by the state for individuals with developmental disabilities. The Regional Offices determine eligibility for Division services.

Sikeston Regional Office
http://dmh.mo.gov/sikeston/contact.htm
800-497-4647 (toll-free) or 573-472-5300

Poplar Bluff Regional Office
http://dmh.mo.gov/poplarbluff/contact.htm
800-497-4214 (toll-free) or 573-840-9300

First Steps (Birth – 3 years)
Assists families of children with a developmental delay or disability from birth-3 years by providing coordinated supports, resources and early intervention services.
www.dese.mo.gov/divspeced/FirstSteps
866-583-2392 (toll-free)

School Districts (3 years and older)
Helps children age 3 or older with a developmental delay or disability.
www.dese.mo.gov/directory
573-751-4212

Missouri Autism Centers

Southeast Missouri State University Autism Center for Diagnosis and Treatment
611 N. Fountain St.
Cape Girardeau, MO 63701
www.semo.edu/autismcenter
573-986-4985

Knights of Columbus Developmental Center at SSM Cardinal Glennon Children's Medical Center
1465 S. Grand Blvd.
St. Louis, MO 63104
http://cardinalglennon.com
(search for developmental center)
314-577-5609

MU Thompson Center for Autism & Neurodevelopmental Disorders
205 Portland St.
Columbia, MO 65211
http://thompsoncenter.missouri.edu
888-720-0015 (toll-free) or 573-882-6081

Children's Mercy Hospitals & Clinics Developmental & Behavioral Sciences
2401 Gillham Rd.
Kansas City, MO 64151
www.childrens-mercy.org
(search for developmental sciences)
816-234-3674

The development of this brochure was supported by the Department of Mental Health (project number AOC02380105) and a grant from the Health Resources and Services Administration (grant number H6MMC11059). Brochure format developed by the Central Missouri Rapid Response collaborative.

Early Education & Child Care

Parents as Teachers
Provides information, support and encouragement to parents of young children.
www.parentsasteachers.org
or contact your local school district

Child Care Aware of Missouri
Helps parents find child care and provides education to child care providers.
http://mo.childcareaware.org
866-892-3228 (toll-free)

Head Start/Early Head Start
Offers child development programs for children birth to age 5.
www.moheadstart.org (search for head start map)
573-884-5078

Special Education Advocacy & Services

Missouri Parents Act (MPACT)
Information and training for parents on their child's educational services.
www.ptimpact.org
800-743-7634 (toll-free)

Missouri Protection & Advocacy
Legal services for families.
www.moadvocacy.org
800-392-8667 (toll-free)

Legal Services of Missouri
Legal services for income eligible persons
www.lsmo.org/Home/PublicWeb/LegalSvcs

Young Adult/Adult Services and Supports

The Tailor Institute
Finding strengths for employment and post-secondary outcomes.
http://tailorinstitute.org
573-339-9552

Parent Supports

Missouri Autism Support Groups
http://dmh.mo.gov/dd/autism/autismsupport.htm

SEMO Alliance for Independence GAPS (Giving Autistics' Parents Support)
Program created to assist families with day to day issues.
www.sadi.org/GAPS.aspx
800-898-7234 (toll-free)

Missouri Families for Effective Autism Treatment (MO-FEAT)
Provides education and support for families. Also provides a resource directory.
www.mofeat.org
877-275-8988 (toll-free)

Missouri Family-to-Family (MoF2F)
Is a free statewide program that provides information and referral services, connects parents to other parents who understand what it is like to be there, and offers leadership development opportunities.
www.mofamilytofamily.org or
www.sharingourstrengths.com
800-444-0821 (toll-free)

Life Skills | TouchPoint Autism Services
Offers parent classes, respite and recreational activities.
http://www.touchpointautism.org/
573-339-9300

ParentLink
Provides information about parenting, child development and services in your area.
http://parentlink.missouri.edu
800-552-8522 (toll-free, English)
888-460-0008 (toll-free, Spanish)

Mental Health Services

For a listing of mental health providers see
http://dmh.mo.gov/cps/org/adminagents.htm

Financial Resources

Private Health Insurance
You may qualify for services under your health insurance policy. For information about Missouri's autism insurance legislation call 800-726-7390 (toll-free) or
visit: http://insurance.mo.gov/consumer/autismFAQ

Department of Social Services, Family Support Division
If you do not have health insurance, you can apply for Medicaid at the local Family Support Division office in your county www.dss.mo.gov/fsd/office/index.htm or complete an application online at
www.dss.mo.gov/mhk/appl.htm

Safety

Autism Safety Project
An online tool kit for first responders, individuals with autism, and families that provides information and strategies to promote safety in emergency situations.
www.autismsafetyproject.org

Other Services that May Help Your Family

Senate Bill 40 Boards (SB 40)
Boards that provide special county tax dollars to fund programs and services for people with developmental disabilities who live in their counties. Check this website to determine if there is a SB 40 Board in your county.
www.macdds.org/county_info.html

Bureau of Special Health Care Needs (BSHCN)
Offers service coordination and funding for medically necessary services for children and youth with complex physical health care needs and their families. Medical and financial eligibility guidelines must be met to receive funded services. In addition, BSHCN has a Family Partnership program to support families of children and youth with special health care needs.
www.dhss.mo.gov/SHCN
1-800-451-0669 (toll-free)

Missouri Assistive Technology
Loans assistive technology devices to persons with a disability.
www.at.mo.gov
800-647-8557 (toll-free)

Missouri Centers for Independent Living
Provide services to persons with disabilities to enable them to remain in their own home and community.
www.mosilc.org/CIL.htm
877-222-8963 (toll-free)