

## Website Resources

First 100 Days Kit and Asperger Syndrome and High Functioning Autism Tool Kit  
Tool kits to assist families in getting the critical information they need in the first 100 days after a diagnosis of Autism or Asperger Syndrome.  
[www.autismspeaks.org](http://www.autismspeaks.org) (search for first 100 days kit)  
888-AUTISM-2 (toll-free)

**The Office of Autism Services**  
Helps agencies in Missouri develop programs for children and adults with autism. Provides information about services that help individuals with autism and their families.  
800-207-9329 (toll-free)  
<http://dmh.mo.gov/dd/autism>

**Navigating Autism Services: A Community Guide for Missouri**  
Provides information about autism and helps guide families through the resources and services available to families in Missouri.  
<http://dmh.mo.gov/dd/manuals/index.htm>  
(click on "Navigating Autism Services" to download)

**Interactive Autism Network (IAN)**  
The most recent information on topics such as current therapies and treatments, how parents can tell which therapies are working the best, and the impact of autism on the family. Parents may also participate in online research.  
[www.ianproject.org](http://www.ianproject.org)

**Transitioning into adulthood with ASD**  
Resources for youth and their families on areas that must be considered as a young person becomes an adult, such as employment, education and community living.  
<http://thompsoncenter.missouri.edu>  
(search for transition)

**Missouri Best Practice Guidelines for Screening, Diagnosis, and Assessment**  
Informs parents about best practice guidelines for ASD screening, diagnosis and assessment.  
[www.autismguidelines.dmh.mo.gov](http://www.autismguidelines.dmh.mo.gov)  
(click on the "for families" tab)

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## Help for You and Your Child with Autism



### Central Missouri Autism Resource Brochure

The Rapid Response Initiative is a cooperative effort among state and local agencies to improve access to care for individuals with Autism Spectrum Disorders and their families.

For updated autism resources visit:  
<http://dmh.mo.gov/dd/manuals/index.htm>

### Where Do I Start?

The agencies below can help you find services in your area:

**DMH - Division of Developmental Disabilities (all ages)**  
Is the place to start for services offered by the state for individuals with developmental disabilities. The Regional Offices determine eligibility for Division services.

Columbia  
<http://dmh.mo.gov/cmro/contact.htm>  
888-671-1041 (toll-free) or 573-882-9835

Hannibal  
<http://dmh.mo.gov/hannibal/contact.htm>  
800-811-1128 (toll-free) or 573-248-2400

Kirksville  
<http://dmh.mo.gov/kirksville/contact.htm>  
800-621-6082 (toll-free) or 660-785-2500

Rolla  
<http://dmh.mo.gov/rolla/contact.htm>  
800-828-7604 (toll-free) or 573-368-2200

**First Steps (Birth – 3 years)**  
Assists families of children with a developmental delay or disability from birth-3 years by providing coordinated supports, resources and early intervention services.  
[www.dese.mo.gov/divspeced/FirstSteps](http://www.dese.mo.gov/divspeced/FirstSteps)  
866-583-2392 (toll-free)

**School Districts (3 years and older)**  
Helps children age 3 or older with a developmental delay or disability.  
[www.dese.mo.gov/directory](http://www.dese.mo.gov/directory)  
573-751-4212

### Missouri Autism Centers

**MU Thompson Center for Autism & Neurodevelopmental Disorders**  
205 Portland St.  
Columbia, MO 65211  
<http://thompsoncenter.missouri.edu>  
888-720-0015 (toll-free) or 573-882-6081

**Knights of Columbus Developmental Center at SSM Cardinal Glennon Children's Medical Center**  
1465 S. Grand Blvd.  
St. Louis, MO 63104  
<http://cardinalglennon.com>  
(search for developmental center)  
314-577-5609

**Children's Mercy Hospitals & Clinics Developmental & Behavioral Sciences**  
2401 Gillham Rd.  
Kansas City, MO 64151  
[www.childrens-mercy.org](http://www.childrens-mercy.org)  
(search for developmental sciences)  
816-234-3674

**Southeast Missouri State University Autism Center for Diagnosis and Treatment**  
611 N. Fountain St.  
Cape Girardeau, MO 63701  
[www.semo.edu/autismcenter](http://www.semo.edu/autismcenter)  
573-986-4985

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## Early Education & Child Care

### Parents as Teachers

Provides information, support and encouragement to parents of young children.

[www.parentsasteachers.org](http://www.parentsasteachers.org)

or contact your local school district

### Child Care Aware of Missouri

Helps parents find child care and provides education to child care providers.

<http://mo.childcareaware.org>

866-892-3228 (toll-free)

### Head Start/Early Head Start

Offers child development programs for children birth to age 5.

<http://www.moheadstart.org> (search for head start map)

573-884-5078

## Special Education Advocacy & Services

### Missouri Parents Act (MPACT)

Information and training for parents on their child's educational services.

[www.ptimpact.org](http://www.ptimpact.org)

800-743-7634 (toll-free)

### Missouri Protection & Advocacy

Legal services for families.

[www.moadvocacy.org](http://www.moadvocacy.org)

800-392-8667 (toll-free)

### Legal Services of Missouri

Legal services for income eligible persons including education plans.

[www.lsmo.org/Home/PublicWeb/LegalSvcs](http://www.lsmo.org/Home/PublicWeb/LegalSvcs)

800-568-4931 (toll-free)

## Parent Supports

### Missouri Autism Support Groups

<http://dmh.mo.gov/dd/autism/autismsupport.htm>

Moms of Children with Autism

Contact person is Lora Hinkel.

Email: [lorahinkel@hotmail.com](mailto:lorahinkel@hotmail.com)

### Missouri Families for Effective Autism Treatment (MO-FEAT)

Provides education and support for families. Also provides a resource directory.

[www.mofeat.org](http://www.mofeat.org)

877-275-8988 (toll-free)

### Missouri Family-to-Family (MoF2F)

Is a free statewide program that provides information and referral services, connects parents to other parents who understand what it is like to be there, and offers leadership development opportunities.

[www.mofamilytofamily.org](http://www.mofamilytofamily.org) or

[www.sharingourstrengths.com](http://www.sharingourstrengths.com)

800-444-0821 (toll-free)

### Life Skills | TouchPoint Autism Services

Offers parent classes, respite and recreational activities.

<http://www.touchpointautism.org/>

800-675-4241 (toll-free)

### ParentLink

Provides information about parenting, child development and services in your area.

<http://parentlink.missouri.edu>

800-552-8522 (toll-free, English)

888-460-0008 (toll-free, Spanish)



## Mental Health Services

For a listing of mental health providers see

<http://dmh.mo.gov/cps/org/adminagents.htm>



## Financial Resources

### Private Health Insurance

You may qualify for services under your health insurance policy. For information about Missouri's autism insurance legislation call 800-726-7390 (toll-free) or

visit: <http://insurance.mo.gov/consumer/autismFAQ>

### Department of Social Services, Family Support Division

If you do not have health insurance, you can apply for Medicaid at the local Family Support Division office in your county [www.dss.mo.gov/fsd/office/index.htm](http://www.dss.mo.gov/fsd/office/index.htm)

or complete an application online at

[www.dss.mo.gov/mhk/appl.htm](http://www.dss.mo.gov/mhk/appl.htm)

## Safety

### Autism Safety Project

An online tool kit for first responders, individuals with autism, and families that provides information and strategies to promote safety in emergency situations.

[www.autismsafetyproject.org](http://www.autismsafetyproject.org)

### Rainbow House (children's emergency shelter)

[www.rainbowhousecolumbia.org](http://www.rainbowhousecolumbia.org)

573-474-6600 or 866-407-6600 (toll-free)

## Other Services that May Help Your Family

### Senate Bill 40 Boards (SB 40)

Boards that provide special county tax dollars to fund programs and services for people with developmental disabilities who live in their counties. Check this website to determine if there is a SB 40 Board in your county.

[www.macdds.org/county\\_info.html](http://www.macdds.org/county_info.html)

### Bureau of Special Health Care Needs (BSHCN)

Offers service coordination and funding for medically necessary services for children and youth with complex physical health care needs and their families. Medical and financial eligibility guidelines must be met to receive funded services. In addition, BSHCN has a Family Partnership program to support families of children and youth with special health care needs.

[www.dhss.mo.gov/SHCN](http://www.dhss.mo.gov/SHCN)

1-800-451-0669 (toll-free)

### Missouri Assistive Technology

Loans assistive technology devices to persons with a disability.

[www.at.mo.gov](http://www.at.mo.gov)

800-647-8557 (toll-free)

### Missouri Centers for Independent Living

Provide services to persons with disabilities to enable them to remain in their own home and community.

[www.mosilc.org/CIL.htm](http://www.mosilc.org/CIL.htm)

877-222-8963 (toll-free)