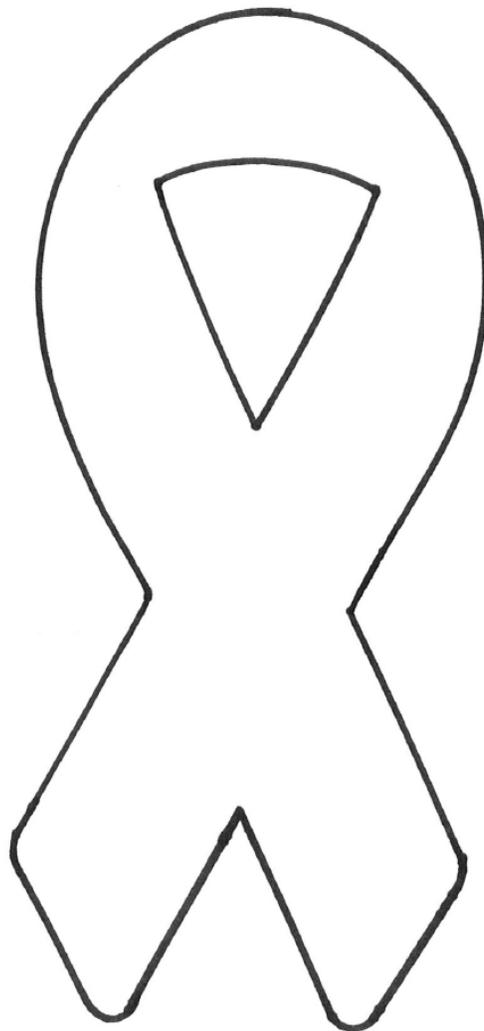


**Children's Mental Health  
Awareness Week  
Activity Workbook  
Just 4 Kids**

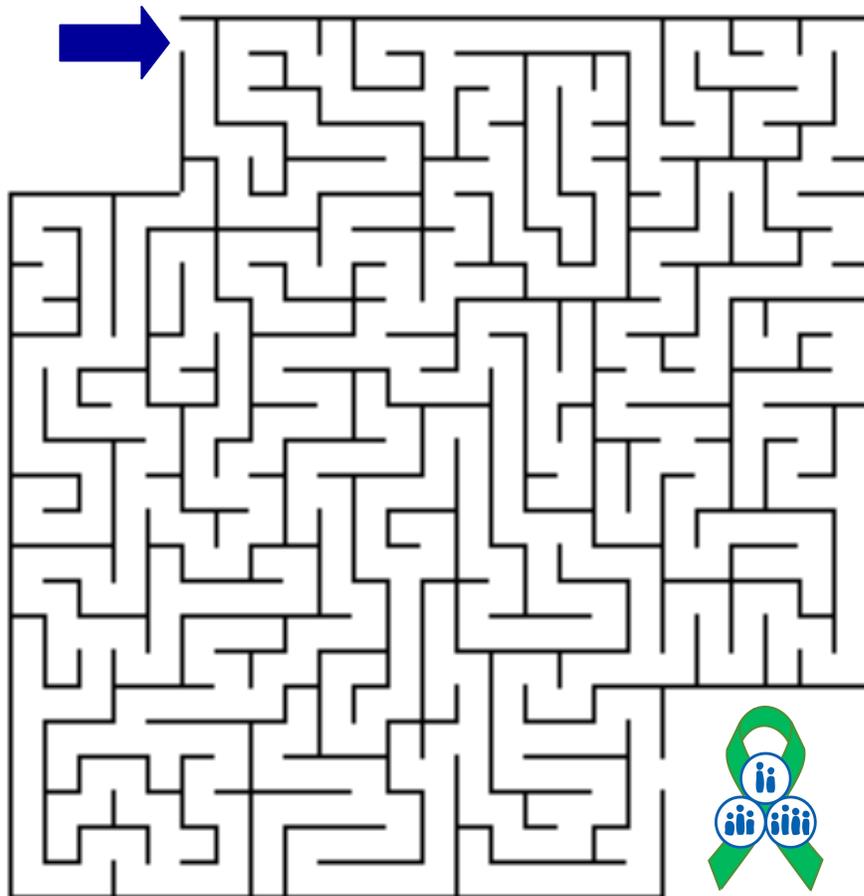


**Color in the ribbon to show your support for  
Children's Mental Health!**

## What is Children's Mental Health Awareness Week?

Children's Mental Health Awareness is an entire week of celebrating the hope and strength of children, youth and families. Awareness week takes place the first full week of May each year! The week is dedicated to teaching people about children's mental health, advocating to improve services and celebrating all the work that has been done in the past! We also wear **green ribbons** to raise public awareness and show our support to children youth and families. Find out how Children's Mental Health Awareness Week is being celebrated in your community and get involved!

**Get to the green ribbon to show your support!**



# Awareness Week Word Find

Find the hidden words below to learn more about Children's Mental Health!

i m l a r x c n e s s h e c t  
c c k h h g x r y s g t p c m  
l j g f b t d k e g k l o v d  
y z o a i f u n f d v a h t m  
s y b z a f e o t t u e o r k  
n g d m s r x k y w f h u w m  
s i i l a m u k u b l l j c q  
j l a w j j a v u s y a q b a  
y s a c h i l d r e n t n e s  
w z i a r q h n v b x n n a u  
m m s v b w h j z o v e n h p  
n m y c i l o p e z c m y b p  
d d h m p y q t f z f a z o o  
y l i c f k g x w h j h t t r  
s a z e g k d i m z c m y e t

## Word Bank

advocate

awareness

children

family

hope

mentalhealth

policy

support

youth



### Fill In The Blank

Use the words in the word bank to complete the sentences about Children's Mental Health.

1. Children's \_\_\_\_\_  
\_\_\_\_\_ Awareness Week takes  
place the first week of  
\_\_\_\_\_

2. The color that we use to  
\_\_\_\_\_ awareness is  
\_\_\_\_\_

3. You can \_\_\_\_\_ Children's  
Mental Health Awareness Week by getting  
\_\_\_\_\_

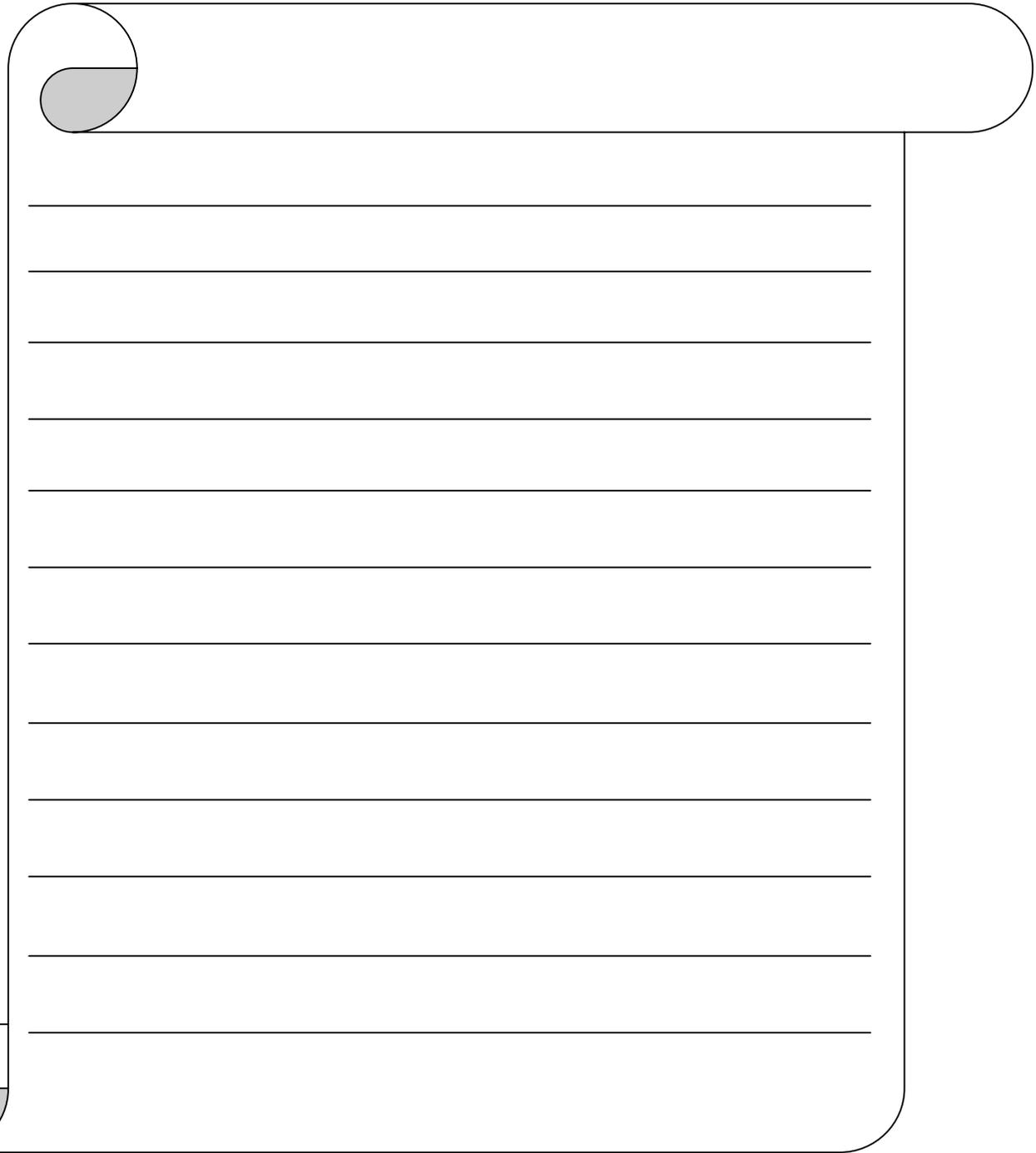
4. The \_\_\_\_\_  
\_\_\_\_\_ of Families has been  
advocating for Children and Youth for  
more than \_\_\_\_\_ years!

Health  
green.  
20  
support  
National  
May.  
Mental  
promote  
Federation  
involved!

### Did you know that...?

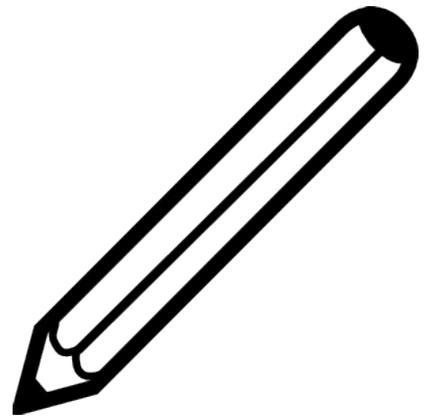
- 5 to 20% of kids in the United States are believed to have mental health disorders.
- 79% of 6 to 17 year olds with mental disorders do not receive appropriate care.





A large, scroll-like writing area with horizontal lines. The top-left and bottom-left corners are shaded gray, suggesting the scroll is unrolled. The writing area is bounded by a double-line border.

**Why is Children's Mental Health Awareness Week important to you?**



# What is your favorite part of Children's Mental Health Awareness Week?

