

## 2010 MISSOURI COLLEGE HEALTH BEHAVIOR SURVEY

### Reported Past-Year Substance Involvement among Missouri College Students, 2010

#### ALCOHOL AND DRUG USE (%)

Past Year Alcohol Use	79.9
Past 30-Day Alcohol Use	67.2
Past 2-Week Binge Alcohol Use in One Sitting	33.8
Past 2-Week Binge Alcohol Use in 2-Hour Period	31.7
Past Year Marijuana Use	21.6
Past Year Cocaine Use	2.3
Past Year Amphetamine Use	2.4
Past Year Methamphetamine Use	0.5
Past Year Inhalant Use	0.9
Past Year Club Drug Use	2.5
Prescription Stimulant without Rx	4.6
Prescription Pain Medication without Rx	6.5
Prescription Sedative without Rx	2.6
Prescription Sleep Medication without Rx	2.0

#### AMONG PAST-YEAR DRINKERS, CONSEQUENCES AND RISKS RELATED TO DRINKING (%)

Hangover	52.4
Rode with Someone After Drinking	36.3
Driven After Consumption	30.0
Blackout or Memory Loss	25.1
Missed Class	20.4
Risky Sexual Behavior	17.2
Forced to Drink More than Desired	12.6
Poor Test or Assignment Performance	12.2
Hurt or Injured	11.6
Taken Advantage of Sexually	5.7
Arrest by Campus Police	2.3
Received Medical Attention	2.2
Took Advantage of Someone Sexually	2.0
Trouble with Campus Administration	2.0
DUI or DWI	1.4

#### AMONG PAST-YEAR DRINKERS, USE OF PROTECTIVE BEHAVIORS RELATED TO DRINKING (%)

	Always or Usually	Sometimes or Occasionally	Rarely or Never
Know Where One's Drink Has Been At All Times	83.4	7.8	8.8
Eat Before and/or During Alcohol Consumption	76.4	18.3	5.3
Use a Designated Driver	69.9	13.2	17.0
Purposefully Limit the Amount of Money Spent on Alcohol	63.8	21.6	14.6
Go Home with a Friend	65.5	17.6	16.8
Avoid Trying to "Keep-up or "Out-drink" Others	59.1	23.0	17.9
Drink Slowly, Rather than Gulp or Chug	49.2	35.0	15.8
Determine Not to Exceed a Set Number of Drinks	45.0	26.8	28.3
Avoid Mixing Different Types of Alcohol	39.4	29.0	31.7
Drink Water While Drinking Alcohol	33.2	31.4	35.4
Avoid Drinking Games	37.2	23.1	39.9
Leave the Bar or Party at Predetermined Time	30.0	34.0	35.9
Alternate Alcoholic and Non-alcoholic Drinks	30.1	29.4	40.5
Stop Drinking at a Predetermined Time	26.1	35.5	38.4
Have a Friend Tell You When You Have Had Enough	32.6	21.3	46.1
Put Extra Ice in Drink	20.3	27.2	52.4

Data Source:

Partners in Prevention Statewide Coalition.

<http://pip.missouri.edu/>

2010 survey results for 6,543 students, based on random samples of students enrolled at 13 Missouri colleges.