



Behavioral Health Profile

Ralls County

May 2014



Located in Central Missouri, Ralls County has a population of 10,192. Among Missouri's 114 counties plus the city of St. Louis, Ralls County ranks 88 in terms of population. Ralls County's unemployment rate in 2013 was 5.0%. This was lower than the statewide unemployment rate of 6.5%. In 2012, the poverty rate was 11.3% which was lower than the statewide poverty rate of 16.2%. The median income of the county was \$47,429.

Substance Use and Abuse in Ralls County

The primary data source available for this section is the Missouri Student Survey. Due to privacy concerns for individual school districts, Missouri Student Survey data for this county cannot be distributed.

Substance Use Consequences in the County

Health: In 2011, Ralls County residents had a total of 21 alcohol-related and 14 drug-related hospitalizations. In addition there were 8 alcohol-related and 16 drug-related ER visits that did not include a hospital stay.

Treatment: In 2012, 18.6% of mothers in Ralls County reported smoking during their pregnancy. This is a decrease from 2011 (25.2%).

Current Substance Use for Ages 18+ in the Central Region, 2008-10 data

	30 Day Use Region	30 Day Use Missouri
Cigarettes	<u>30.6%</u>	28.5%
Alcohol	<u>54.7%</u>	54.2%
Binge*	<u>26.8%</u>	25.3%
Marijuana	5.7%	6.0%
Illicit Drug excluding MJ	2.7%	2.8%

*5+ drinks on a single occasion in last 2 weeks.

Red underlined is higher than state average.

Substance Abuse Treatment in Ralls County

Total	58
Alcohol Primary	28
Marijuana Primary	17

Law Enforcement: In 2012, Ralls County had 41 DWI arrests, 0 liquor law violations and 10 drug-related arrests. Ralls County had 29 methamphetamine laboratory seizures in 2012 and 33 in 2013. The manufacture of methamphetamine has been particularly problematic for rural Missouri. Specifically, labs tend to be clustered primarily in the counties surrounding St. Louis and secondarily in the southwest and southeast areas of the state.

Traffic Crashes in Ralls County

Alcohol-related traffic crashes increased in the last year (from 11 in 2011 to 16 in 2012). Alcohol-related crashes are more likely to produce fatalities and injuries compared to non-alcohol-related crashes.

2012 Number of Alcohol-Related Crashes by Severity				2012 Number of People Injured / Killed in Alcohol and Drug-Related Crashes			
Total Crashes	Fatal Crash	Crash w/ Injury	Crash w/ Property Damage	Alcohol Fatalities	Alcohol Injuries	Drug Fatalities	Drug Injuries
16	0	11	5	0	14	0	1

Mental Health in Ralls County

Individuals struggling with serious mental illness are at higher risk for homicide, suicide, and accidents as well as chronic conditions including cardiovascular and respiratory diseases and substance abuse disorders. In state fiscal year 2013, 78 Ralls County residents received treatment for serious mental illness at publicly-funded facilities. See table for details. While there is data on those who receive treatment, data on mental health in the general population is very limited. This is especially true at the local level.

In Central Missouri, 22.2% of those 18 and older had a mental illness in the past year with 5.2% having a serious mental illness. Serious mental illness is defined as any of the mental disorders asked about and 'these disorders resulted in substantial impairment in carrying out major life activities'.

Approximately 7.2% of Central Missouri residents ages 18+ had at least one major depressive episode in the past year. A major depressive episode is characterized by an extended period of depressed mood, loss of interest or pleasure, and impaired functioning. Typically females are more likely to report having had a major depressive episode.

Students (6th-12th grade) in the county were asked about their mental health. had considered suicide in the last year, made a plan, and actually attempted, resulting in an injury. In 2012, 1 Ralls County residents committed suicide. Nationally, males are about four times more likely to commit suicide than females. Older males have higher rates of suicide than younger males.

Comprehensive Psychiatric Services Numbers Served in Ralls County		
	<u>FY2012</u>	<u>FY2013</u>
Total	84	78
Adjustment Disorder	0	0
Anxiety Disorder	10	5
Developmental Disorder	0	0
Impulse Control Disorder	13	13
Mood Disorder	48	33
Psychotic Disorder	10	13

These numbers indicate the number of clients seen with each diagnosis per year. An individual client may have more than one admission within a year.
*Counts under 5 suppressed to protect identities

Developed with support from the Missouri Division of Behavioral Health and the
Substance Abuse and Mental Health Services Administration.
For more information: <http://dmh.mo.gov/ada/mobhew>