

## Missouri Division of Alcohol and Drug Abuse

<b>Bulletin Number:</b> FY 11—Clinical -19	<b>CLINICAL SERVICES BULLETIN</b>	<b>Effective Date:</b> June 1, 2011
<i>New</i>	<b>Subject: Pre-Release Coordination (Offender Precision Placement Plan)</b>	<b>Number of Pages: 2</b>

### 1. Programs Affected

- 1.1 Adult Comprehensive Substance Treatment and Rehabilitation (CSTAR) programs:  
Women and Children, Women and Children Enhanced, Alt Care Women and Children,  
General Population, General Population Enhanced, Opioid  
  
ADA Primary Recovery Plus (Non-ATR), ADA ATR Treatment

### 2. Purpose

- 2.1 This service has been developed as a component of the Department of Corrections and Department of Mental Health Offender Precision Placement Plan for nonviolent female offenders with substance use disorders as submitted to the Governor's Office in August, 2009.
- 2.2 Goals of the Offender Precision Placement Plan:
- Integration of the DOC institutional case management staff, field probation and parole staff, and community clinical treatment team;
  - Provision of evidence-based substance abuse treatment in prison that continues seamlessly in the community;
  - Utilization of flexible levels of care that are tailored to meet individual needs, including work or school schedules;
  - Provision of intensive work preparation, training, and job-coaching until gainful employment is achieved;
  - Implementation of gender responsive interventions to change criminal thinking and lifestyle choices;
  - Access to mental health care for co-occurring disorders;
  - Utilization of addiction pharmacotherapy when appropriate;
  - Provision of child care, child therapy, parent training, and prevention programming for families;
  - Utilization of case management and recovery supports to create positive social support networks, resolve barriers to re-entry and promote long-term recovery, even in remote locations.
- 2.3 Recognizing the vulnerability of a released offender to relapse, this service will connect offenders with the receiving community provider *prior to release*. Successful transition to the community will maximize resources and result in positive clinical outcomes and promote public safety.

### 3. Pre-Release Coordination

- 3.1 This unit of service is limited to women being released from the ten (10) week Partial Day Treatment program or 30-day Relapse Prevention program at the *Chillicothe Correctional Center (CCC)*. These programs provide short-term, prison-based options for nonviolent female offenders.
- 3.2 Referrals for individuals completing the Partial Day Treatment or Relapse Prevention programs at CCC are to be considered a *priority population* for ADA adult community-based treatment programs.

- 3.3 Delivery of pre-release coordination services should coincide with the client's expected release date from the institution. There is no established timeframe in which this service must be delivered as long as it is prior to release and is documented as such in the client chart.
- 3.4 Immediate enrollment in community-based services upon release from the institution is desirable. In the event that is not possible, immediate engagement and communication with a community support worker must occur.

#### **4. Service Delivery**

- 4.1 Pre-release coordination services are limited to:
  - 4.1.1 A face-to-face, telephone interview, or video conference with the client, appropriate institutional staff and field probation and parole staff *prior to release* to ensure continuity of services in the community;
  - 4.1.2 Development of a transition plan that addresses the client's individual needs including housing, employment, transportation, child care, or other services necessary to maintain abstinence and comply with supervision and treatment requirements;
  - 4.1.3 Engagement of family members or significant other(s) who can serve as a support system to the client, as appropriate.

#### **5. Staff Qualifications**

- 5.1 Qualified providers of pre-release coordination services are:
  - 5.1.1 Qualified substance abuse professionals;
  - 5.1.2 Associate substance abuse counselors;
  - 5.1.3 Individuals with a bachelor's degree in social work, psychology, nursing (or closely related field) from an accredited college or university.

Equivalent experience may be substituted on the basis of one (1) year for each year of required educational training.

#### **6. Limitations**

- 6.1 Restrictions for Pre-Release Coordination:
  - 6.1.1 Billing is limited to a maximum of four (4) units for actual time spent delivering this service prior to the consumer's enrollment in a community-based treatment program.
  - 6.1.2 Providers will not be reimbursed for mileage, long distance phone charges, or other expenses incurred as part of delivering this service.