

## Missouri Division of Alcohol and Drug Abuse

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| <b>Bulletin Number:<br/>FY10–Clinical-09</b> | <b>CLINICAL SERVICES BULLETIN</b>               | <b>Effective Date:<br/>July 22, 2009</b> |
| <b>New</b>                                   | <b>Subject: Treatment of Consumers – Age 18</b> | <b>Number of Pages:<br/>1</b>            |

### 1. Programs Affected

- 1.1 Adolescent Comprehensive Substance Treatment and Rehabilitation (CSTAR).

### 2. Policy

- 2.1 It is the policy of the Division of Alcohol and Drug Abuse that 18-year-old consumers not be served in Adolescent CSTAR programs.
- 2.2 Adult substance abuse treatment programs shall individualize treatment to meet the needs of young adult consumers.
- 2.3 For adolescents who turn 18 while enrolled in an outpatient level of care within an Adolescent CSTAR program, the Clinical Utilization Review Unit should be consulted about program retention or referral.

### 3. Exceptions

- 3.1 Per 9 CST 30-3.192(1), Adolescent CSTAR programs shall provide services, *“solely to clients between the ages of twelve through seventeen (12-17) years inclusive...Exceptions to these age requirements may be authorized through clinical utilization review for those individuals in which there is justification and documentation of behavior and experience appropriate for the services available.”*
  - 3.1.1 Exceptions to the age limitation may be granted in extraordinary circumstances when appropriate clinical justification is provided.

### 4. Clinical Utilization Review

- 4.1 If an Adolescent CSTAR program believes there are compelling circumstances for serving an 18-year-old customer, direct contact with the Clinical Utilization Review Unit is required to enable program assignment.
  - 4.1.1 CIMOR will not allow a customer aged 18 years or over to be assigned to an Adolescent CSTAR program.
  - 4.1.2 Clinical review requests in CIMOR cannot be generated if there is no program assignment.
- 4.2 Any requests to serve 18-year-old consumers in Adolescent CSTAR programs must be received and reviewed PRIOR to service delivery.
- 4.3 Adolescent CSTAR programs wishing to continue providing services to consumers that turn 18 during an outpatient episode of care, shall contact the Clinical Utilization Review Unit to determine if retention in the current program, or referral to an adult program, is appropriate.