

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Missouri Department of Mental Health
1706 East Elm Street
Jefferson City, MO 65101

October 13, 2016

PRESENT

Mary Patrick Seigfreid
Dennis Tesreau
Karl Wilson, Ph.D.
Steve Roling
Kathy Carter

ABSENT

Stephen Huss, Ph.D.

STAFF

Mark Stringer, Director
Mike Nietzel, Director's Office
Debra Walker, Public & Legislative
Affairs
Susan Flanigan, Public & Legislative
Affairs
Tina Lee, Director's Office
Sara Murphy, Human Resources
Val Huhn, Division of Developmental
Disabilities
Gary Schanzmeyer, Division of
Developmental Disabilities
Gail Vasterling, General Counsel
Rick Gowdy, Division of Behavioral
Health
Patsy Carter, Children's Services

Laurie Epple, Division of Behavioral
Health
Wendy Witcig, Division of
Developmental Disabilities
Marcy Volner, Division of
Developmental Disabilities
Rosie Anderson-Harper, Division of
Behavioral Health
Tonya Piephoff, Division of
Developmental Disabilities
April Maxwell, Division of
Developmental Disabilities
Amy Bledsoe, Division of Behavioral
Health
Mia Ferrell, Division of Behavioral
Health
Donna Siebeneck, Division of
Administration
Nora Bock, Division of Behavioral
Health
Dave Kingsbury, Office of Deaf
Services
Vickie Epple, Division of Behavioral
Health
Mark Shields, Division of Behavioral
Health
Tim Rudder, Division of Behavioral
Health

GUESTS

Hannah Swann, Senate Appropriations
Julie Morff, House Appropriations
Becky Dickey, Missouri Quality
Advisory Council
Brenda Schell, MO Recovery Network
Greg Kramer, ESMW
Jackie Hudson, NAMI, St. Louis
Tim Decker, Director, MO Children's
Division
Gary Stevens, Quality Advisory Council
Phyllis Hollingsworth
Denise Mills, CPS State Advisory
Council
Jean Sokora, ADA State Advisory
Council
Vicky Davidson, MODD Council
FJ Shiver
Cory McMahan, DMH, DD

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>APPROVAL OF REVISED MINUTES FROM JULY MEETING</p> <p>OPEN DISCUSSION</p>	<p>Mary Seigfreid, Chair, called the Missouri Mental Health Commission meeting to order at 10:04 a.m. on October 13, 2016. The meeting was held at the Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.</p> <p>Self-introductions were made.</p> <p>Steve Roling motioned for approval of the September 8, 2016, meeting minutes. Dr. Karl Wilson seconded the motion and the minutes were approved with minor revisions.</p> <p>Dr. Wilson motioned for approval of the revised July 14, 2016, meeting minutes. Dennis Tesreau seconded the motion and the minutes were approved.</p> <p>Mary Seigfreid attended training for new gubernatorial appointees on September 28, 2016. She said the training was very interesting and Governor Nixon spoke at the event. A reception was held afterward at the Governor's mansion.</p>
<p>OLD BUSINESS</p>	<p>A motion was made by Dr. Wilson to take off the table the motion made in September by Dr. Steve Huss for the creation of a Children's Mental Health Task Force. Mr. Tesreau seconded the motion. Dr. Wilson then moved to postpone the motion indefinitely and Mr. Tesreau seconded the motion. The motion passes to postpone indefinitely the motion for a Children's Mental Health Task Force.</p>
<p>DIRECTOR'S UPDATE & BUDGET UPDATE</p>	<p>Mark Stringer provided a Director's and Budget update:</p> <ul style="list-style-type: none"> • The Department is working on budget information for the next legislative session and also preparing transition documents for the new Governor. • The American Academy of Addiction Psychiatry (AAAP) will be coming to Missouri to provide training on Medication Assisted Treatment. Nora Bock shared that Medication Assisted Treatment is a priority of the Department. A big barrier is the lack of doctors that can prescribe anti-addiction medications, especially Buprenorphine, which requires a waiver at the national level. The Office of National Drug Control Policy (ONDCP) directed SAMHSA to offer grants to 14 states and Missouri was one of the designated states. They are bringing together four organizations of which AAAP is the lead: American Society of Addiction Medicine, American Psychiatric Association, and the American Osteopathic Academy of Addiction Medicine. The training will focus on buprenorphine prescribing, which requires eight hours of training for physicians to get certified to prescribe the medication. Also, they will have support for physicians in terms of webinars, mentoring and calls. The Department will be working in

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	<p>conjunction with the Missouri Coalition for Community Behavioral Healthcare to plan and organize these training sessions.</p> <ul style="list-style-type: none"> On October 24, 2016, Mark will travel to Washington, DC, to participate in an “unofficial conversation” with folks from around the country with expertise in substance use disorders and the opiate crisis. Newt Gingrich, Patrick Kennedy and Van Jones will lead the discussion on what can be done to better address the issue. <p>Mark also provided an update on the FY17 budget and High Priority Budget Items for the new Governor’s consideration. Handouts are located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p>
CHILDREN’S SERVICES COLLABORATION PRESENTATION	<p>Dr. Patsy Carter, Director, Children’s Clinical Services, introduced Tim Decker, Director of the Missouri Children’s Division. Dr. Carter stated she has been working with the Children’s Division because they were interested in creating a trauma informed child welfare system. Tim Decker presented his approach and the philosophy framework that guides the Children’s Division.</p> <p>Handouts are located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p>
DEVELOPMENTAL DISABILITIES CONSUMER UPDATE (Missouri Quality Advisory Council)	<p>Becky Dickey, Chair, Missouri Quality Advisory Council, provided information about what the Council does. Its purpose is to provide recommendations to leadership of the Division of Developmental Disabilities (DD) on the development and enhancement of the comprehensive quality management system for DD services through data analysis and feedback. Membership consists of people who are self-advocates and receiving or have received DD services, and family members or guardians of individuals who are receiving or have received DD services. The Council meets quarterly and currently has 19 members.</p> <p>Gary Stevens thanked the Commissioners for the opportunity to speak with them. He talked about transportation, guardianship, and Public Partnership, LLCS, a financial management service.</p> <ul style="list-style-type: none"> Transportation has become much easier using the mobilized transportation. The mobilized transportation system is getting numerous hits daily and folks are beginning to use the system for rides to various places. There were 25 riders in September. Guardianship is a concern of Gary’s. He is his own guardian and he feels more individuals with developmental disabilities should be their own guardian. Public Partnership, LLCS, is a financial management service and is a concern of Gary’s. Employee timesheets and personal daily documentation gets lost in the system.

TOPIC/ISSUE	DISCUSSION
ADA STATE ADVISORY COUNCIL UPDATE	<p>Jean Sokora, ADA State Advisory Council, spoke to the Commission regarding Tobacco 21. Jean is the Director of the Rockwood Drug-Free Coalition for the Rockwood School District in St. Louis County. The Coalition offers programs to support prevention efforts throughout the community. Students in high school are invited to participate in Coalition planning and program implementation, and to serve as mentors to middle school students.</p> <p>Handout is located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p>
CPS STATE ADVISORY COUNCIL UPDATE	<p>Denise Mills, CPS State Advisory Council, spoke to the Commission on the restrictions and drawbacks to the use of “Fail First” policies regarding psychotropic medications.</p>
DIVISION AND SECTION UPDATES	<p><u>Division of Behavioral Health</u></p> <p>Rick Gowdy, DBH Director, provided the following update:</p> <ul style="list-style-type: none"> • DBH staff continues to work on the Mental Health Crisis Prevention Project (1115 Waiver). The 1115 Waiver must meet federal requirements for budget neutrality, and DBH has been in discussion with the Centers for Medicare & Medicaid Services (CMS) regarding that calculation. DBH recently had a call with CMS and they agreed they would give technical assistance to try to reach budget neutrality goals. • Excellence in Mental Health Act – DBH continues to review applications and work on cost reports. The application is due at the end of October and Missouri is one of 24 states allowed to submit an application. • On Monday, October 3, 2016, the Governor toured the new construction at Fulton State Hospital. • On Friday, October 7, 2016, Fulton community leaders including the Mayor, Chief of Police, Fire Chief, a representative from the Sheriff’s Department, senators and state representatives toured the new ECC building and other new construction. • The Director’s Ambassador Academy on substance use disorders (SUD) is underway. The first session was held on September 27, 2016. Dr. Bart Andrews with Behavioral Health Response (BHR) presented “What You Must Know about Suicide.” The next session is scheduled for October 18, 2016, on “SUD 101: A Quick and “Dirty” Presentation. Dr. Gowdy, Nora Bock, and Rosie Anderson-Harper will be presenting. • On September 16, 2016, Dr. Gowdy and Director Stringer attended the Coalition for Behavioral Healthcare conference in St. Louis. There was a Physicians’ Institute on Medication Assisted Treatment and Dr. Angeline Stanislaus, DMH Adult Medical Director, spearheaded the event. Those that attended were psychiatrists, residents, advanced practice nurses and registered nurses. • On September 23, 2016, Dr. Gowdy attended the “Medication-Assisted Treatment (MAT) for Substance Use Disorders: A Summit for Kansas and Missouri” conference. SAMHSA and the Addiction Technology Transfer Center Network (ATTC) hosted the event held in Kansas City. Nora Bock was on the expert

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	<p>panel. There were over 150 in attendance.</p> <ul style="list-style-type: none"> • The Kansas City Assessment and Triage Center (KC-ATC) will serve 16 individuals at a time with a focus on rapid stabilization and referral to appropriate services. An open house will take place on Friday, October 28, 2016, at 1:00 p.m. at the center, located at 2600 East 12th St., Kansas City. <p><u>Developmental Disabilities</u></p> <p>Val Huhn, DD Director, shared the following update:</p> <ul style="list-style-type: none"> • The new crisis program in Marshall now has walls and has been named “Optimistic Beginnings.” Work has also been completed on the programming side in a collaborative effort between DD and DBH, with support from staff at Fulton State Hospital. • The conflict-free case management timeline was approved by CMS and DD has until December 31, 2018, to make sure all case management providers are conflict free. Monthly calls will be scheduled with CMS to discuss progress. • DD resubmitted its HCBS Transition Plan to CMS and is waiting for approval. • On October 6, 2016, Val and Mark attended the Bellefontaine Parent Advisory Board Meeting in St. Louis. • Val will attend the Missouri Association of County Developmental Disabilities Services Conference (MACDDS) on October 20-21, 2016. Several DD staff will be presenting at the conference on employment, new service definitions for DD waivers, and tiered supports 101. • Val will also attend the National Association of State Directors of Developmental Disabilities Services (NASDDDS) Conference in Virginia on November 10-11, 2016. <p><u>Human Resources</u></p> <p>Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • HR is continuing to assess the Department of Labor’s ruling on overtime changes; however, the ruling will not be finalized until December 1, 2016. • The Department is working with the Missouri Institute of Mental Health (MIMH) to develop updated leadership training. • HR staff will be working with the KC Regional Office on web based training and will then go onsite to provide classroom training. HR wants feedback on what training would be preferred.
PUBLIC COMMENT	<p>Vicky Davidson, Executive Director, MODD Council, updated Commissioners on two initiatives the council is working on. First, the Council established a Victimization Task Force approximately 2 years ago to address the victimization of individuals with intellectual and developmental disabilities. The task force developed an awareness campaign which was launched on October 12, 2016. A website was developed to provide information about the signs of victimization and how to report incidents. The</p>

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	<p>victimization campaign website is: www.andwecanstopit.org</p> <p>The second initiative was to provide training to first responders. There are instances when people call 911 using alternative communication devices and their calls are not understood. The MODDC provided a 2 year grant to Niagara to implement comprehensive training for law enforcement, firefighters, EMS and 911 dispatchers titled "The First Responders Disability Awareness Training" (FRDAT).</p>
NEXT MEETING	<p>The next Mental Health Commission meeting will be held on Thursday, November 10, 2016, at Children's Mercy Autism Center, 2401 Gillham Road, Kansas City, MO 64108.</p>
ADJOURN	<p>Dr. Wilson made a motion for adjournment; Dennis Tesreau seconded. Meeting adjourned at 2:35 p.m.</p> <hr/> <p>Karl Wilson, Secretary</p>