

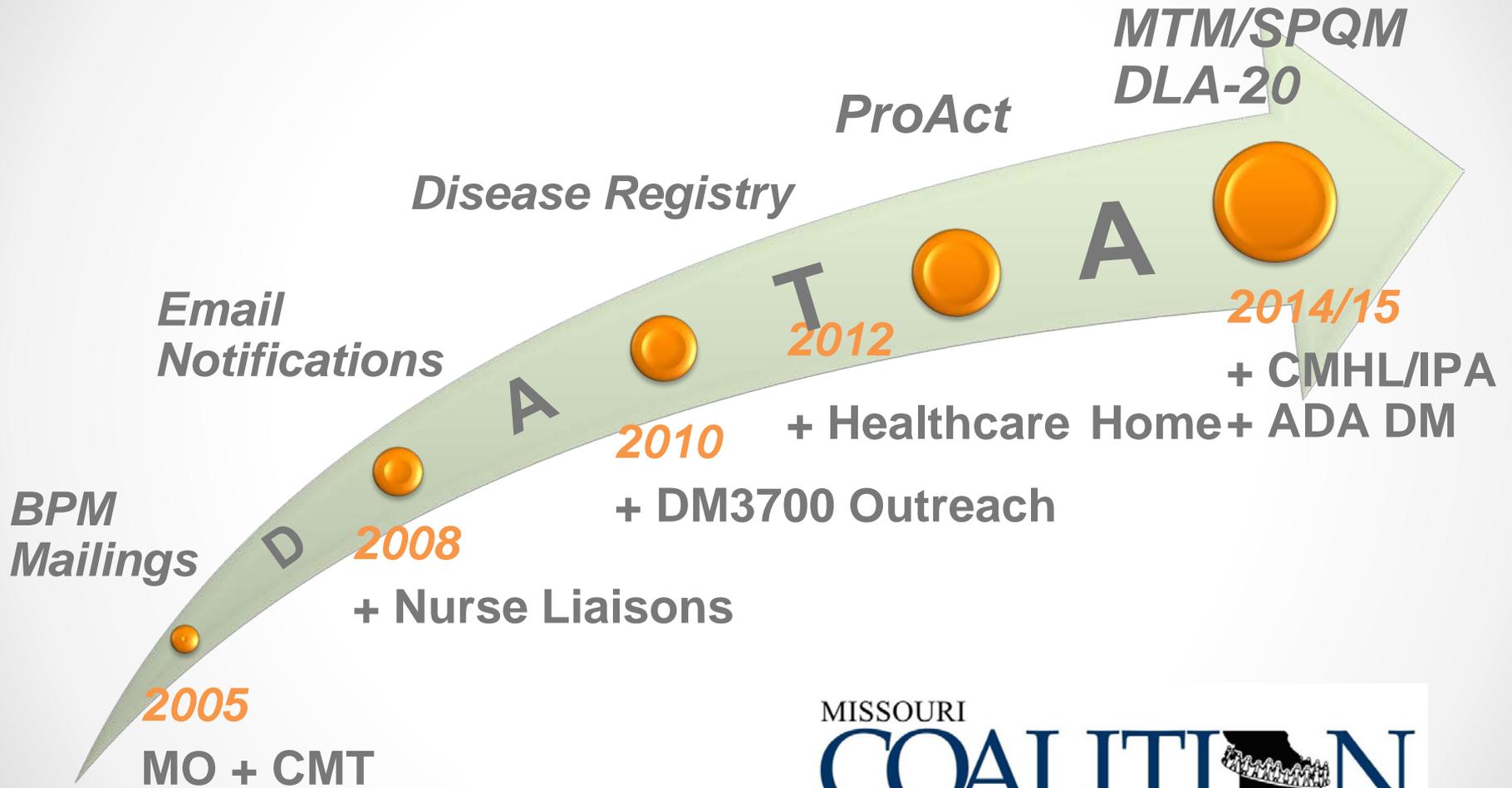


Mental Health Commission Presentation

Moving from the Disability Model to Early Intervention/Recovery Model

May 14, 2015

MO Evolution of Integration and Data at the Coalition



Managed Care/ACO features in current DMH Medicaid system:

There is a never-ending push by the managed care companies to place ABD and DMH-funded services into risk-based managed care arrangements, but the State already has a unique system with MCO-like features:

DMH System Features

Cost Predictability



DMH contracted providers bill against contract allocations – state enjoys cost predictability;

Integrated Care



Healthcare Home is a national model recognized for its integration of primary health with CMHC community-based care for people with mental illness; looking at ADA

Disease Management



DM 3700 award winning program for locating high- cost frequent flyers with serious mental illness; new program being implemented on substance use side

Lower Costs

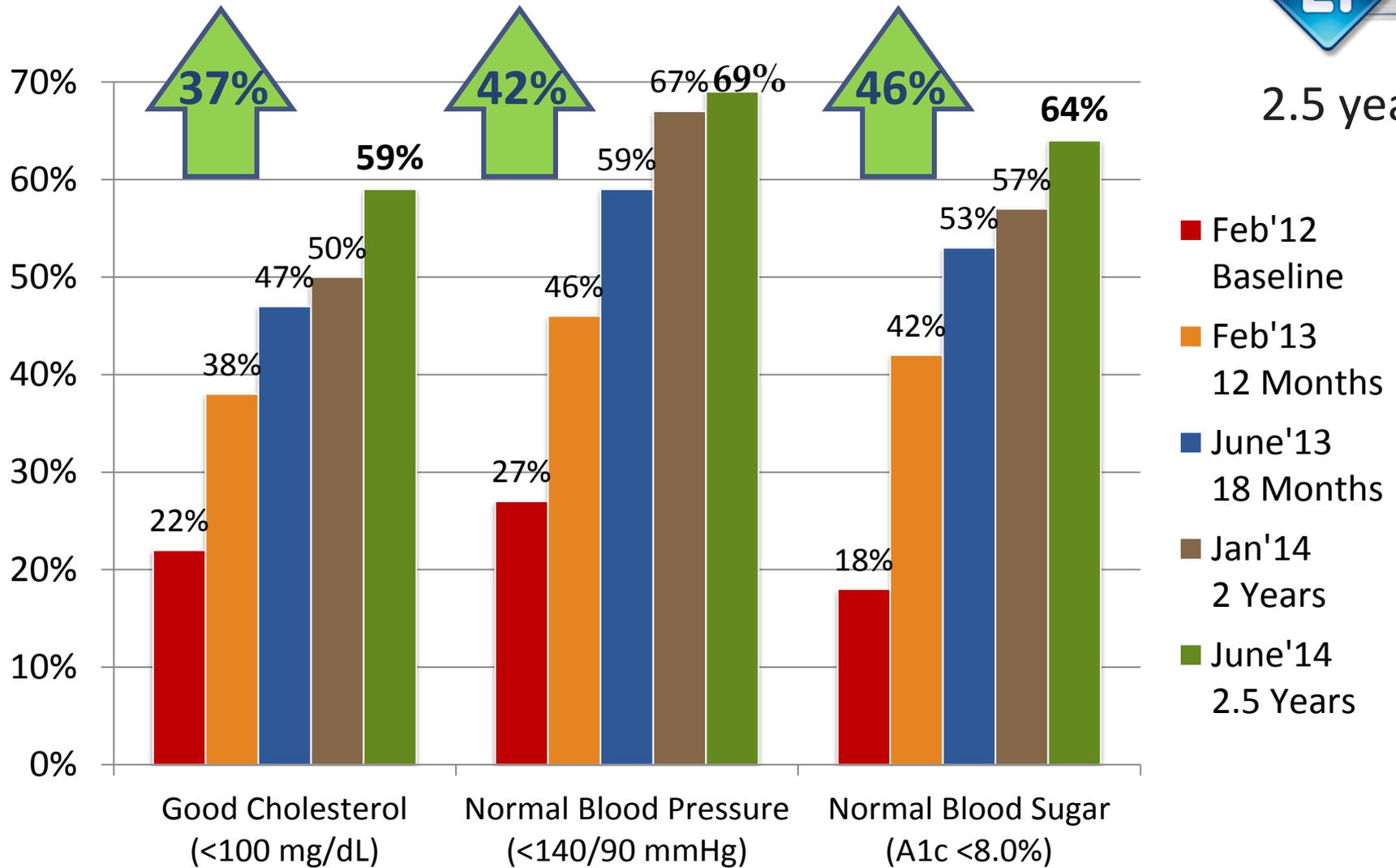


Data analytics on DM 3700 and HCH programs indicate significant savings to the State

Outcomes | Diabetes



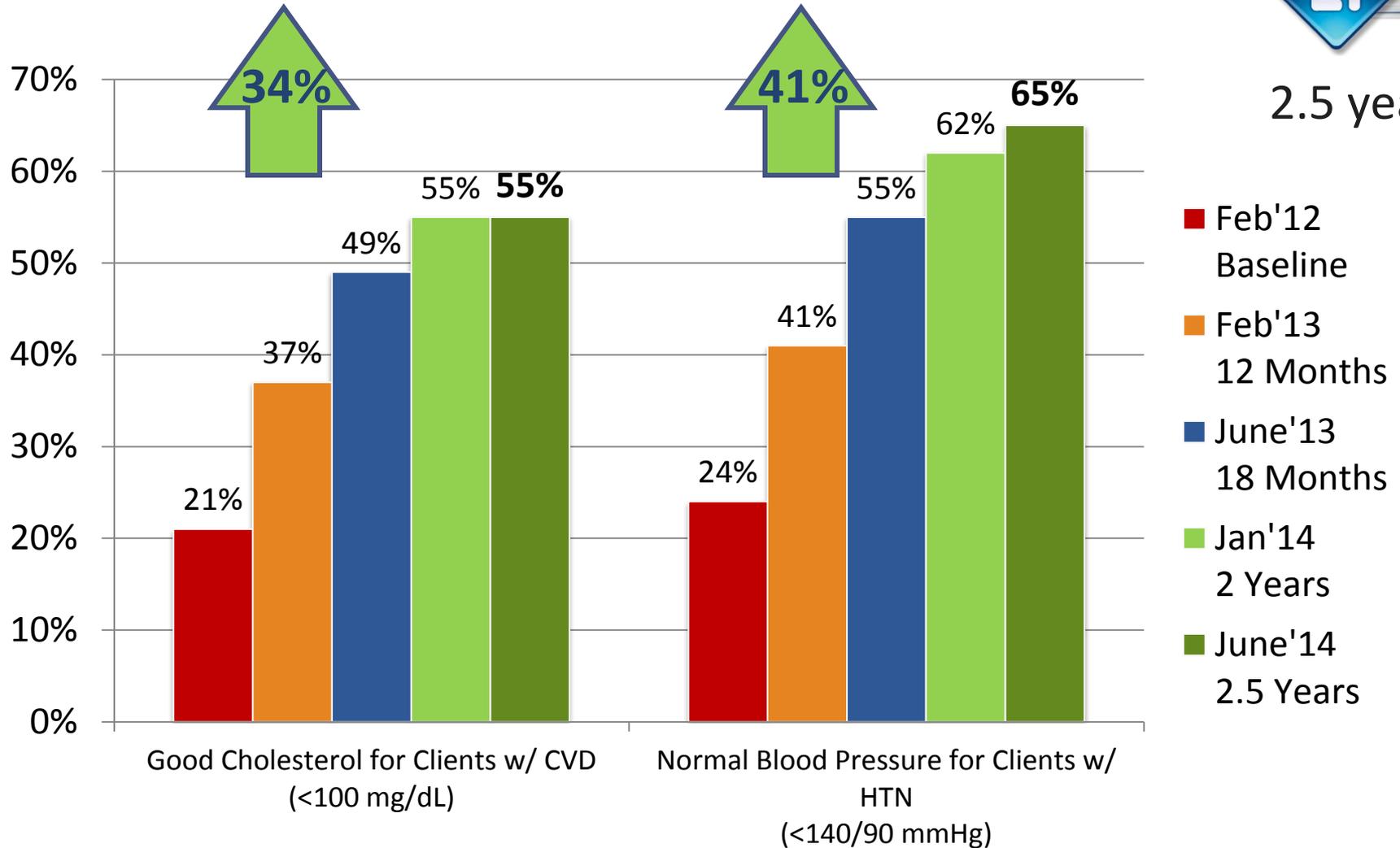
2.5 years



Outcomes | Hypertension and Cardio



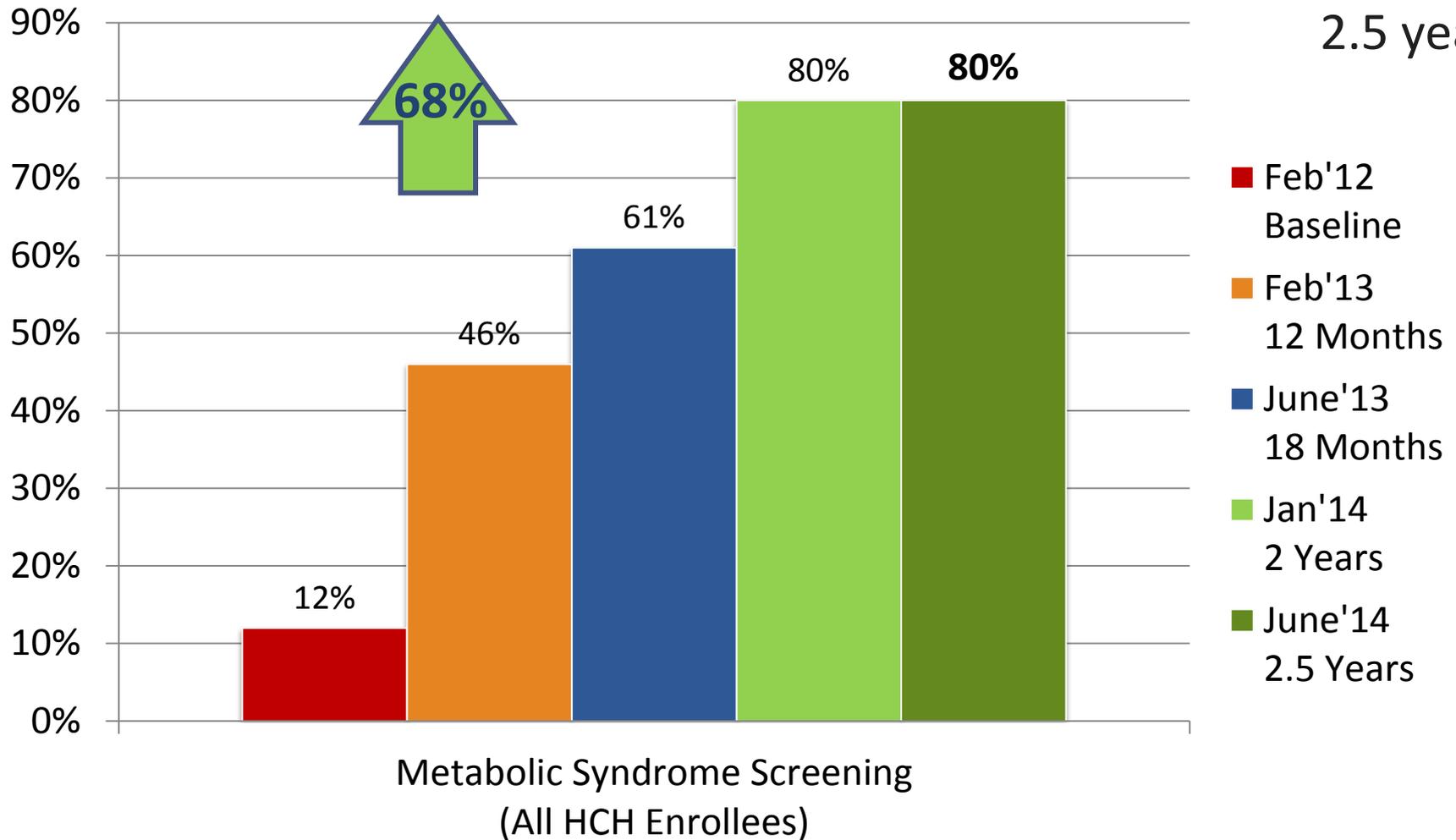
2.5 years



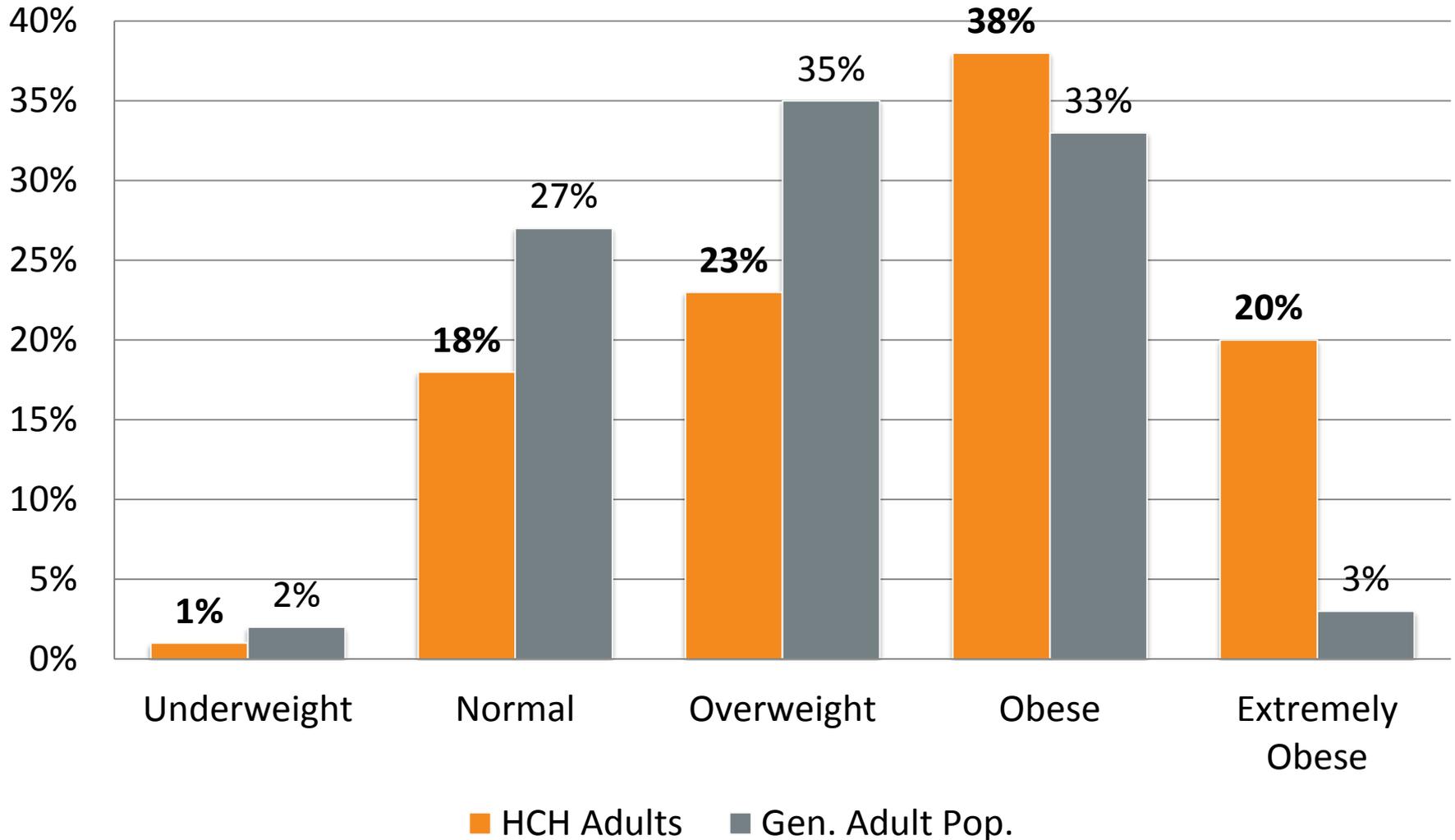
Outcomes | Metabolic Syndrome Screening



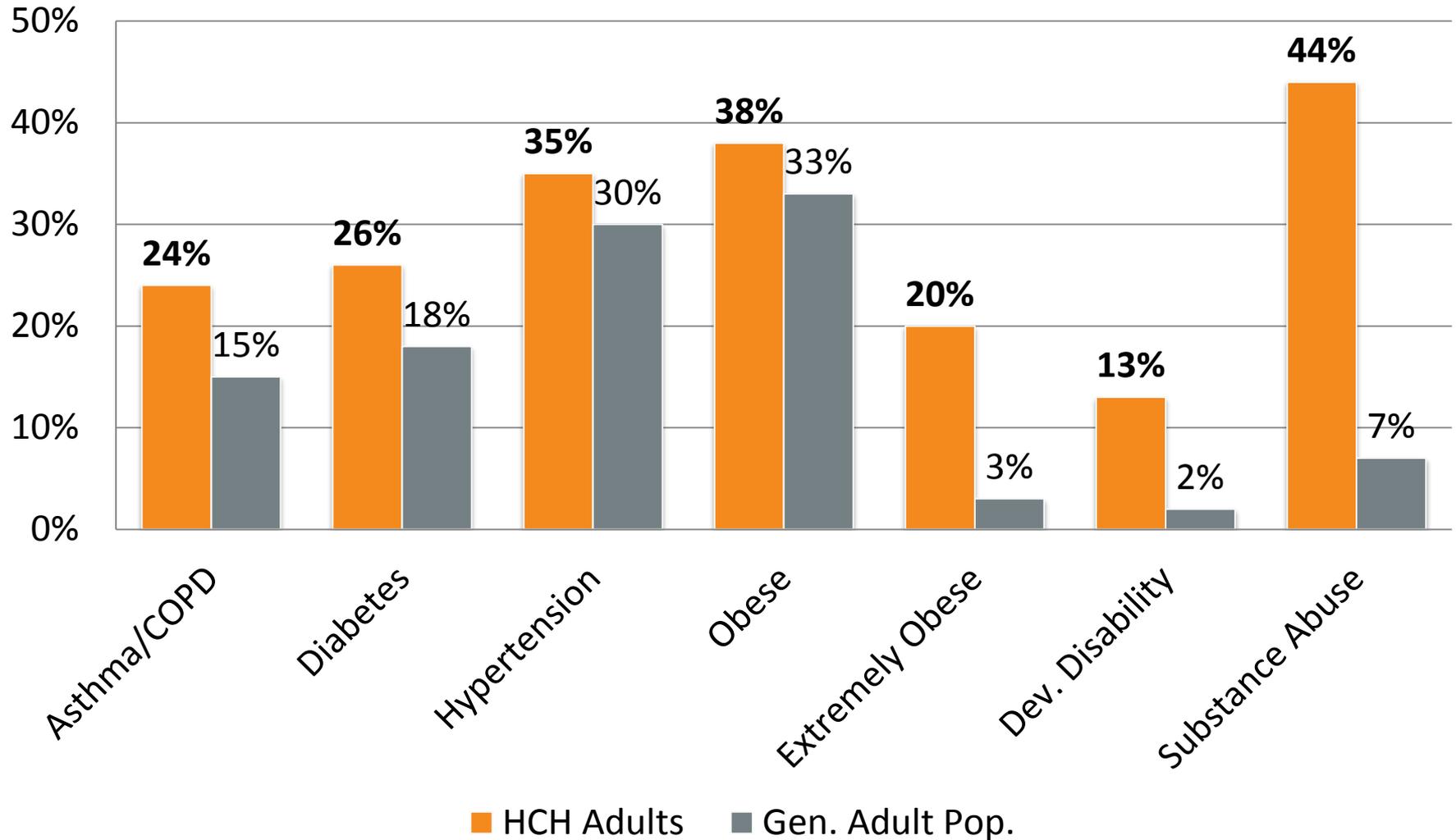
2.5 years



Prevalence | BMI and Obesity



Prevalence | Chronic Disease



Small Changes Make a Big Difference!



	Small Changes	BIG Difference
Blood cholesterol	10% ↓	✓ 30% ↓ in CVD
High Blood Pressure	≈ 6 mmHg ↓	✓ 16% ↓ in CVD ✓ 42% ↓ in stroke
HgbA1c	1% ↓	✓ 21% ↓ in DM related deaths ✓ 14% ↓ in MI ✓ 37% ↓ in microvascular complications

Stratton, et al, BMJ 2000 Hennekens CH. *Circulation* 1998;97:1095-1102.

Rich-Edwards JW, et al. *N Engl J Med* 1995;332:1758-1766.

Bassuk SS, Manson JE. *J Appl Physiol* 2005;99:1193-1204

So Health Home is a Leader in the Nation, what's wrong?

- System contains too much crisis & disability!!
- Still need better data tracking on DLA-20, housing, employment, and other possible “recovery” assessments
- CMHL initiative
 - 31 CMHLs across the state
 - Law enforcement and court focused
 - Huge # of contacts and referrals – 2/3rd uninsured
 - Huge # in 16-35 age range
 - Matches research on first psychotic break
- “Keith takes it and runs!”