

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Annual Meeting

Miller Retreat House
400 Friendship Road
Jefferson City, MO 65101

July 14, 2016

PRESENT

Steve Roling
Mary Patrick Seigfreid
Dennis Tesreau
Karl Wilson, Ph.D.
Stephen Huss, Ph.D.

ABSENT

Kathy Carter

STAFF

Mark Stringer, Director
Debra Walker, Public & Legislative
Affairs
Mike Nietzel, Director's Office
Tina Lee, Director's Office
Heidi DiBiaso, Director's Office
Sara Murphy, Human Resources
Lynne Fulks, Division of Administration
Susan Flanigan, Public & Legislative
Affairs
Val Huhn, Division of Developmental
Disabilities
Gary Schanzmeyer, Division of
Developmental Disabilities
Rikki Wright, Division of Behavioral
Health

Laurie Epple, Division of Behavioral
Health
Rick Gowdy, Division of Behavioral
Health
Wendy Witcig, Division of
Developmental Disabilities
Bob Reitz, Division of Behavioral
Health
Nora Bock, Division of Behavioral
Health
Dave Kingsbury, Office of Deaf
Services
Rosie Anderson-Harper, Division of
Behavioral Health
Emily Koenig, Children's Services
Donna Siebeneck, Division of
Administration
Laine Young-Walker, MD, Chief
Medical Officer for Children's
Services
Bob Bax, Director's Office
Patsy Carter, Children's Services

GUESTS

Julie Morff, House Appropriations
Hannah Swann, Senate Appropriations
Chris Bramlett, OA Budget & Planning
Sarah Willson, Missouri Hospital
Association
Cory McMahon, DMH, DD
Dan Haug, OA Budget & Planning
Daniel Cayou, MO P & A

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<p>Steve Roling, Chair, called the annual Missouri Mental Health Commission meeting to order at 9:36 a.m. on July 14, 2016. The meeting was held at the Miller Retreat House, 400 Friendship Road, Jefferson City, MO 65101.</p> <p>Self-introductions were made.</p> <p>Karl Wilson motioned for approval of the June 14, 2016, meeting minutes. Stephen Huss seconded the motion and the minutes were approved with minor revisions.</p>
<p>NOMINATING COMMITTEE REPORT/ ELECTION OF NEW OFFICERS</p>	<p>Steve Roling moved to accept the nominating committee's proposed slate of officers including Mary Seigfreid as Chair and Karl Wilson as Secretary of the Mental Health Commission for FY17. Stephen Huss seconded the motion, motion carried.</p>
<p>DIRECTOR'S UPDATE</p>	<p>Mark Stringer provided a Director's update:</p> <ul style="list-style-type: none"> • Mark attended the Resilience Coalition Celebration on June 23, 2016 in St. Louis. • Mark recently toured the following facilities: Southeast MO Residential Services, Southeast MO Mental Health Center and Hawthorn Psychiatric Children's Hospital.
<p>BUDGET DISCUSSION AND UPDATE</p>	<p>Lynne Fulks provided an update on the budget. Handout is located at: http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html</p> <p>Dan Haug, Acting Director, OA Budget and Planning, reported on the following:</p> <ul style="list-style-type: none"> • Budget restrictions and what that means for State Departments and DMH in particular. • Budget planning for FY18. • Revenue growth and challenges. <p>The Commission discussed that Missouri was the only state in the nation that does not have a prescription drug monitoring program. It was also noted that the escalating cost of medication puts a strain on the state budget. Dr. Huss shared concern for the lack of funding for Trauma Informed Programs.</p> <p>The Commission also discussed the projections for state income over the next few years, particularly the potential impact of additional tax cut proposals and ones that have been passed and will take effect in the</p>

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	<p>future. Recent budget restrictions cut or delayed some programs until final fiscal projections are reviewed by the Governor-elect. Dr. Huss suggested that as a result of this reality, DMH needs to be flexible and transparent as events unfold.</p> <p>Mental Health Commissioners asked Lynne to provide a Revenue Growth Report for upcoming Mental Health Commission Meetings.</p>
STRATEGIC DIRECTIONS	<p>Mark reviewed the Strategic Directions for the Department and asked for brief updates to capture thoughts and goals for the future of the Department of Mental Health. As a result of the discussion, Mark will provide a draft Strategic Directions for the next Mental Health Commission Meeting.</p> <p>Several areas were to be included in depth for the commission to begin a dialogue about: 1) the critical need for more services to and for children; 2) the crucial need for more information and education to be provided to the community on the local levels, by the providers; through the Foundation, and through effective networking; and 3) the need for the DMH to be flexible, innovative, effective and responsive in the next difficult budget years.</p> <p>Commissioner Huss suggested that DMH continue to strengthen the following areas: community education, the need for a “shared responsibility for service delivery,” the expansion of children’s services including early childhood trauma services and research, budget flexibility in use of allocations, provider rates, and preparation for additional cuts.</p>
DIVISION AND SECTION UPDATES	<p><u>Children Services</u></p> <p>Dr. Laine Young-Walker, Children’s Services, shared the following update:</p> <ul style="list-style-type: none"> • Dr. Young-Walker reported the Department received the “Youth Suicide Prevention and Early Intervention Grant,” and the title of the grant is “Show Me Zero Youth Suicide.” The grant from SAMHSA is \$736,000 each year for 5-years and will begin on September 30, 2016. This grant is aimed at reducing suicides and suicide attempts by improving the system of care for suicidal youth through emergency room departments, inpatient facilities, crisis hotlines, and schools while also strengthening prevention efforts for at risk populations. The services will focus on a five county region in western Missouri, centered on Jackson County which includes Kansas City, as well as the surrounding rural areas. • Emily Koenig reported the Department is applying for a TA opportunity related to Mental Health Assessment and Treatment of Infants, Young Children and Families through the ZERO TO THREE Policy Center. The goal is to identify state strategies for aligning health care financing policy, specifically Medicaid policy, with Infant and Early Childhood Mental Health Practice. The TA would consist of planning calls, a two-day meeting at the University of Minnesota in October 2016, and a series of virtual learning opportunities between November 2016 and September 2017. State teams are to include public-

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	<p>private sector and must include the Medicaid Director or a high-level designee and an infant-early childhood mental health professional. The team consists of five members.</p> <p><u>Developmental Disabilities</u> Val Huhn, DD Director, shared the following update:</p> <ul style="list-style-type: none"> • Comprehensive Waiver and the Community Support Waiver were approved by CMS on June 23, 2016. • Construction has started on the Administration Building in Marshall. • On July 1, 2016, the school district will be moving into the Tudor House and guest house on Marshall's campus. • Home and Community Based Services (HCBS) – The Division has not received approval on the transition plan. The Division will go back out for public comment on the transition plan in the next couple of weeks. • Val shared with Commission members an overview of habilitation center bed capacities at each of the campuses. <p><u>Administration</u> Lynne Fulks, Acting Director of Administrative Services, provided the following update:</p> <ul style="list-style-type: none"> • Accounting is finishing up with year-end reports, spend plans, and expense and equipment budgets. • Accounting just converted to the new fiscal year and is working through a few problems that happened during the conversion. • Accounting is providing information to Office of Administration for the Comprehensive Annual Financial Report (CAFR). This is a survey that OA sends out and is completed yearly. • State Auditors will be at DMH soon working on the single state audit. • We are anticipating getting budget instructions by the end of July which will indicate when to start working on budget books. • The Medicaid Unit is working on the Behavioral Health 1115 Waiver and the Excellence in Mental Health Act planning process. • In Purchasing and General Services, Tim Karle is working on new and amended contracts related to some of the new funding DMH received. • The reimbursements section is working on FY16 cost reports. • The reimbursements section is involved in the DSH Audit for FY13 that Myers & Stauffer is conducting. Myers & Stauffer will be at DMH next week to do a sample review.

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	<p><u>Division of Behavioral Health</u> Rick Gowdy, Director, provided the following update:</p> <ul style="list-style-type: none"> • DBH has discussed moving psychologists outside of the merit system to unclassified positions. This is due to high vacancy rates throughout the facilities. • DBH continues working on the Certified Community Behavioral Health Clinic Perspective Payment System Demonstration Project. • DBH has had several calls with CMS to discuss the Mental Health Crisis Prevention Project (1115 Waiver). There are a few areas where DBH is negotiating with CMS and another call is scheduled for Friday, July 15, 2016. • On Thursday, June 23, 2016, the Governor toured the new ECC Building at Fulton State Hospital (FSH) and an open house was held for employees and their families on Friday, June 24, 2016. • Bob Reitz gave an overview of the new construction at Fulton State Hospital. Handout is located at http://dmh.mo.gov/about/diroffice/commission/2016meetingschedule.html <p><u>Human Resources</u> Sara Murphy, HR Director, provided the following update:</p> <ul style="list-style-type: none"> • HR and Division Staff attended the Personnel Advisory Board (PAB) hearing on June 21, 2016. The Department is requesting increases for a number of classifications: direct care staff, nurses, licensed behavior analysts, psychologists, and food service workers. The committee will review the Department's request and the Department will be notified on August 9, 2016, if the PAB is going to make recommendations to the Governor. • Debra Walker drafted a letter to the PAB for the Commission in support of the Department's request. Commissioners voted to adopt the letter.
PUBLIC COMMENT	No public comment.
NEXT MEETING	The next Mental Health Commission meeting will be held on Thursday, August 11, 2016. It will be held at the Missouri Department of Mental Health, 1706 East Elm St., Jefferson City, MO 65101.
ADJOURN	<p>Stephen Huss made a motion for adjournment; Mary Seigfreid seconded. Meeting adjourned at 3:17 p.m.</p> <hr/> <p>Kathy Carter, Secretary</p>