

**EXECUTIVE SUMMARY
MISSOURI MENTAL HEALTH COMMISSION**

Telepresence Meeting
Jefferson City, Truman Office Building-Room 510
Kansas City, Fletcher Daniel Building-Room 503
St Louis, Wainwright Building-Room 923

December 10, 2015

PRESENT

Kathy Carter
Steve Roling
Dennis Tesreau
Kenneth Dobbins, Ph.D.
Karl Wilson, Ph.D.

ABSENT

Mary Patrick Seigfreid

STAFF

Mark Stringer, Director
Debra Walker, Public & Legislative
Affairs
Susan Flanigan, Public & Legislative
Affairs
Tina Lee, Director's Office
Laine Young-Walker, MD, Children's
Services
Sara Murphy, Human Resources
Gail Vasterling, General Counsel
Lynne Fulks, Division of Administration
Rick Gowdy, Ph.D., Division of
Behavioral Health
Laurie Epple, Division of Behavioral
Health
Angie Stuckenschneider, Division of
Behavioral Health

April Maxwell, Division of
Developmental Disabilities
Val Huhn, Division of Developmental
Disabilities
Vicki McCarrell, Division of
Developmental Disabilities
Heidi DiBiaso, Director's Office
Marcy Volner, Division of
Developmental Disabilities
Nora Bock, Division of Behavioral
Health
Rikki Wright, Division of Behavioral
Health
Emily Koenig, Children's Services

GUESTS

Vicky Davidson, MO DD Council
Cory McMahon, DMH, DD
Joe Hahne, ADA SAC Member
Bruce Charles, CPS SAC Member
Christy Tuter, Preferred Family
Healthcare
Chris Bramlett, OA Budget & Planning
Nicole Baldwin, DMH
Brenda Schell, MO Recovery Network
Betty Farley, MO P&A
Reginald Turnbull, Turnbull & Stark, PC
Delores Sparks, MO DD Council
Lisa Martin, DMH, DBH
Denise Thomas, DMH

TOPIC/ISSUE	DISCUSSION
CALL TO ORDER/ INTRODUCTIONS	<p>Steve Roling called the Missouri Mental Health Commission meeting to order at 10:00 a.m. on December 10, 2015. The meeting was held by telepresence at the following locations: Jefferson City, Truman Office Building-Room 510 Kansas City, Fletcher Daniel Building-Room 503 St Louis, Wainwright Building-Room 923</p> <p>Self-introductions were made.</p>
APPROVAL OF MINUTES	<p>Dennis Tesreau motioned for approval of the November 12, 2015 meeting minutes. Kathy Carter seconded the motion; motion carried for approval of the minutes.</p> <p>At the November 12, 2015, Commission Meeting, Steve Roling asked Dennis Tesreau and Mary Seigfried to review the Mental Health Commission bylaws. Dennis reported on the proposed changes and the Commission will vote to adopt the new Bylaws at the January 14th meeting.</p>
OPEN DISCUSSION	
ADA STATE ADVISORY COUNCIL UPDATE	<p>Joe Hahne spoke to the Commission regarding his life's journey with addiction and recovery and the mission of the ADA SAC.</p>
CPS STATE ADVISORY COUNCIL UPDATE	<p>Bruce Charles spoke to the Commission regarding his experience as a Certified Peer Specialist and his life's journey with mental illness, substance use disorder, and recovery.</p>
MODD COUNCIL CONSUMER UPDATE	<p>Vicky Davidson, Executive Director, reported that the MO DD Council works toward systems change in various areas of interest for people with developmental disabilities. For several years, the Council has funded a project called Missouri's Working Interdisciplinary Network of Guardianship Stakeholders (MO-WINGS). Delores Sparks, MO DD Council and Reginald Turnbull, a private practice attorney, are members of MO-WINGS. At the last Commission Meeting there were questions regarding guardianship, so Delores and Reginald shared information related to the Proposed Guardianship-Conservatorship Legislative Reform.</p> <p>A copy of the Proposed Guardianship-Conservatorship Legislative Reform—Chapter 475, RSMo PowerPoint presentation is posted at http://dmh.mo.gov/about/diroffice/commission/2015meetingschedule.html</p>
BUDGET UPDATE	<p>Lynne Fulks provided an update on the budget and the Tax Amnesty Fund. Handouts are located at http://dmh.mo.gov/about/diroffice/commission/2015meetingschedule.html</p>

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DIRECTOR'S UPDATE	<p>Mark Stringer provided a Director's Update</p> <ul style="list-style-type: none"> • Introduced Sara Murphy as the new Human Resources Director. • Reported that Dr. Mike Nietzel will be the new Deputy Director for the Department. Dr. Nietzel will start in a part-time capacity on December 15th while he continues to serve as Governor Nixon's Senior Policy Advisor. Dr. Nietzel will be a great addition to the senior management team. • On February 8, 2016, Behavioral Health Response will present on virtual counseling services at DMH. Tim Decker and his staff will attend the presentation and are enthusiastic about this endeavor. • Mark attended the MACDDS Meeting in Columbia on December 3rd. Dr. Karl Wilson presented at the meeting and good discussion was held with the MACDDS group. Mark thanked Dr. Wilson for presenting at the meeting. • On December 6th, Mark attended his first Governor's State Dinner.
DIVISION AND SECTION UPDATES	<p><u>Children's Services</u> Emily Koenig, Children's Services, shared the following update:</p> <ul style="list-style-type: none"> • The Evidence Based Trauma Trainings will begin in the next several months. The four topics that have been identified for presentation at the training are: Parent-Child Interactive Therapy, Motivational Interviewing, Cognitive Behavior Therapy and a Trauma Learning Collaborative. Community Mental Health Centers as well as other behavioral health providers across the state will be invited to participate. • There's a workgroup focused on creating and implementing standardized training for mandated reporters across the state. This would be through web-based training and available at no charge to all of our providers who are mandated reporters. • SAMHSA System of Care Grant – St. Louis City and St. Louis County recently received a 4-year system of care expansion grant through the St. Louis Mental Health Board. The grant requires a large amount of coordination with the state. Mark Stringer, Connie Cahalan and Emily have been working with the St. Louis Mental Health Board. A call was held with the grant team and it was recognized that this project very much aligns with the Excellence in Mental Health Act. <p><u>Legislative Update</u> Susan Flanigan, Legislative Liaison, shared the following update:</p> <ul style="list-style-type: none"> • Susan reported on how legislation is tracked. Pre-filing started December 1st and DMH works closely with OA, the Governor's Office and other state agencies to track bills. There are approximately 560 bills that have been filed and each is reviewed for how the legislation will impact DMH. You can find this information on our website: http://dmh.mo.gov/opla/legislativeupdatepage.html

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	<p><u>Human Resources</u> Sara Murphy, HR Director, shared the following update:</p> <ul style="list-style-type: none"> • The Succession Planning Committee met once. Training for staff seems to be a big issue and the committee has discussed a couple of ideas on ways to improve the department’s training efforts. • One of HR’s goals is to have an automated online application process by the first of the year. Those seeking employment at DMH would need to complete only one application that would work for all DMH facilities. <p><u>Administration</u> Lynne Fulks, Acting Administration Director, shared the following update:</p> <ul style="list-style-type: none"> • Staff is starting to see fiscal notes as pre-filing started on December 1st. As of today, 56 fiscal note requests have been received and that will continue through the rest of the session. • We received a request for an appropriations summary booklet from Senator Wood, who serves on the House Appropriations Committee. DMH’s budget section is working on the summary with plans to provide all Commissioners a copy. • Accounting is working with the State Auditors, who are at DMH working on the single state audit. • The Medicaid Unit is working on the 1115 Waiver and Excellence in Mental Health Act planning grant. <p><u>Division of Behavioral Health</u> Dr. Rick Gowdy, DBH Director, shared the following update:</p> <ul style="list-style-type: none"> • Dorn Schuffman presented an overview of the Excellence in Mental Health Act to the joint DBH SAC committees. • The Behavioral Health 1115 Waiver held its second stakeholders meeting. Tom Rehak and Donna Siebeneck did a great job. Information received from stakeholders will be incorporated into the application. • Northwest Missouri Psychiatric Rehabilitation Center (NMPRC), located in St. Joseph, has been recognized by The Joint Commission as being among America’s top performing hospitals on accreditation measures for quality of care. Northwest was compared to all hospitals in the United States. <p><u>Developmental Disabilities</u> Val Huhn, DD Director, shared the following update:</p> <ul style="list-style-type: none"> • The current census at Marshall Habilitation Center is 9 and those individuals will be moving next week. There are still 4 crisis individuals on campus and they will remain there until they can move back out into the community or another setting. • The Division has been holding formal public comment periods statewide. There are 5 waivers and 2 of

TOPIC/ISSUE	DISCUSSION
	<p>those waivers are up for renewal with CMS by July 1, 2016. The public comment period ends on December 24th and will submit the waiver applications sometime between February and March 2016.</p> <ul style="list-style-type: none"> • A meeting in St. Louis was held with provider groups from DBH and DD. One of the goals is to get more DBH providers enrolled as DD providers so that DD can access their services. One of the specific services for which the Division needs access is the Access Crisis Intervention (ACI) system. A meeting at Behavioral Health Response allowed DD providers an opportunity to see what ACI offers.
PUBLIC COMMENT	No public comment.
NEXT MEETING	The next Mental Health Commission Meeting will be held on Thursday, January 14, 2016. It will be held at the Missouri Department of Mental Health, 1706 East Elm Street, Jefferson City, MO.
ADJOURN	<p>Karl Wilson made a motion for adjournment; Ken Dobbins seconded. Meeting adjourned at 1:00 p.m.</p> <hr/> <p>Kathy Carter, Secretary</p>